

**FALKIRK COUNCIL**  
 Place Services  
 Falkirk Stadium, 4 Stadium Way, Falkirk, FK2 9EE

Scale: 1:750  
 Date: 15.9.2025

Subject: Carron Gymnastics Centre, New Carron Road

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# **CONSTITUTION OF Stenhousemuir Gymnastics Club**

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# **Stenhousemuir Gymnastics Club**

**SCIO**

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Constitution

of

# Stenhousemuir Gymnastics Club

In this constitution, the following definitions apply throughout:

- **“2005 Act”** means the Charities and Trustee Investment (Scotland) Act 2005 and every statutory modification and re-enactment thereof for the time being in force.
- **“AGM”** means an Annual General Meeting.
- **“Board”** means the Board of Charity Trustees.
- **“Charity”** means a body entered in the Scottish Charity Register as defined under section 106 of Charities and Trustee Investment (Scotland) Act 2005.
- **“Charity Trustees”** means the persons having the general control and management of the Organisation.
- **“Clauses”** means any clause.
- **“Clear days”**, in relation to notice of a meeting, means a period excluding the day when notice is given and the day of the meeting.
- **“Community”** has the meaning given in clause 4.
- **“GM”** means a General Meeting.
- **“Group”** means those other organisations (incorporated or not) that are not this organisation .
- **“Individual”** means a human/person.
- **“Members”** means those individuals and groups who have joined this organisation.
- **“Organisation”** means the SCIO whose constitution this is.
- **“OSCR”** means the Office of the Scottish Charity Regulator”
- **“Property”** means any property, assets or rights, heritable or moveable, wherever situated in the world.
- **“SCIO”** means Scottish Charitable Incorporated Organisation.
- **“them”** and **“their”** refer to individuals or groups (either he, she or they).

Words in the singular include the plural and words in the plural include the singular.

These Clauses supersede any model clauses. Any words or expressions defined in the 2005 Act shall, if not inconsistent with the subject or context, bear the same meanings in the Clauses.

The Schedule to these Clauses is deemed to form an integral part of these Clauses.



	<b>NAME</b>
1	The name of the organisation is “ <b>Stenhousemuir Gymnastics Club</b> SCIO (“ <b>the Organisation</b> ”).
2	The Organisation will, upon registration, be a Scottish Charitable Incorporated Organisation (SCIO).
	<b>REGISTERED OFFICE</b>
3	The principal office of the organisation will be in Scotland (and must remain in Scotland).
	<b>DEFINITION OF COMMUNITY AND PURPOSES</b>
4	The Organisation has been formed to benefit the community of Stenhousemuir and the surrounding areas (the “Community”), with the following purposes (the “Purposes”):
4.1	The provision of recreational facilities or the organisation of recreational activities.
4.2	The advancement of public participation in sport
	<b>POWERS</b>
5	The SCIO has power to do anything which is calculated to further its purposes or is conducive or incidental to doing so.  In particular, (but without limiting the range of powers available under the 2005 Act), the SCIO has power:
5.1	to encourage and develop a spirit of voluntary or other commitment by, or co-operation with, individuals, unincorporated associations, societies, federations, partnerships, corporate bodies, agencies, undertakings, local authorities, unions, co-operatives, trusts and others and any groups or groupings thereof willing to assist the Organisation to achieve the Purposes;
5.2	to promote and carry out research, surveys and investigations and to promote, develop and manage initiatives, projects and programmes;
5.3	to provide advice, consultancy, training, tuition, expertise and assistance;
5.4	to prepare, organise, promote and implement training courses, exhibitions, lectures, seminars, conferences, events and workshops, to collect, collate, disseminate and exchange information and to prepare, produce, edit, publish, exhibit and distribute

	clauses, pamphlets, books and other publications, tapes, motion and still pictures, music and drama and other materials, all in any medium;
5.5	to purchase, take on lease, hire, or otherwise acquire any property suitable for the organisation;
5.6	to construct, convert, improve, develop, conserve, maintain, alter and demolish any buildings or erections whether of a permanent or temporary nature, and manage and operate (or arrange for the professional or other appropriate management and operation of) the organisation's property;
5.7	to sell, let, hire, license, give in exchange and otherwise dispose of all or any part of the property of the organisation;
5.8	to establish and administer a building fund or funds or guarantee fund or funds or endowment fund or funds;
5.9	to employ, contract with, train and pay such staff (whether employed or self-employed) as are considered appropriate for the proper conduct of the activities of the organisation;
5.10	to take such steps as may be deemed appropriate for the purpose of raising funds for the activities of the organisation;
5.11	to accept subscriptions, grants, donations, gifts, legacies and endowments of all kinds, either absolutely, conditionally or in trust;
5.12	to borrow or raise money for the Purposes and to give security in support of any such borrowings by the organisation and/or in support of any obligations undertaken by the organisation;
5.13	to set aside funds not immediately required as a reserve or for specific purposes;
5.14	to invest any funds which are not immediately required for the activities of the organisation in such investments as may be considered appropriate, which may be held in the name of a nominee organisation under the instructions of the Board of Trustees, and to dispose of, and vary, such investments;
5.15	to make grants or loans of money and to give guarantees;
5.16	to establish, manage and/or support any other charity, and to make donations for any charitable purpose falling within the purposes;
5.17	to establish, operate and administer and/or otherwise acquire any separate trading organisation or association, whether charitable or not;
5.18	to enter into any arrangement with any organisation, government or authority which may be advantageous for the purposes of the activities of the organisation and to enter into any arrangement for co-operation, mutual assistance, or sharing profit with any charitable organisation;
5.19	to enter into contracts to provide services to or on behalf of others;

5.20	to effect insurance of all kinds (which may include indemnity insurance in respect of Trustees and employees);
5.21	to oppose, or object to, any application or proceedings which may prejudice the interests of the organisation;
5.22	to pay the costs of forming the organisation and its subsequent development;
5.23	to carry out the Purposes as principal, agent, contractor, trustee or in any other capacity.
	<b>GENERAL STRUCTURE OF THE ORGANISATION</b>
6	The organisation is composed of:
6.1	Members
6.2	Associates
6.3	Charity Trustees (composed of Elected Charity Trustees, Appointed Charity Trustees; and Co-Opted Charity Trustees, following the first GM).
	<b>MEMBERSHIP</b>
7	The members of the organisation shall consist of those individuals who made the application for registration of the organisation and such other individuals and groups as are admitted to membership under the following clauses.
8	The organisation shall have not fewer than twenty members at any time; and
8.1	In the event that the number of members falls below twenty the Board may conduct only essential business other than taking steps to ensure the admission of sufficient Ordinary Members to achieve the minimum number.
9	Membership of the organisation is open to:
9.1	Individuals aged 16 or over who (and groups which) are members of the Community ("Ordinary Members");
9.2	If an Individual or group ceases to fulfil the criteria within clause 9.1, that Individual or group must inform the Organisation.
	<b>APPLICATION FOR MEMBERSHIP</b>
10	No Individual or Group may become a Member unless that Individual or Group has submitted a written application for membership in the form prescribed by the Charity Trustees and the Charity Trustees have approved the application. An application submitted by a Group must be signed on behalf of that Group.

10.1	The Charity Trustees shall consider applications for membership promptly. The Charity Trustees shall assess each application to determine whether the applicant meets the criteria for becoming an Ordinary Member.
11	Membership of the organisation may not be transferred by a member.
	<b>MEMBERSHIP SUBSCRIPTIONS</b>
12	No membership subscription will be payable.
	<b>RE-REGISTRATION OF MEMBERS</b>
13	The Board may, at any time, issue notices to the members requiring them to confirm that they wish to remain as members of the organisation, and allowing them a period of 28 days (running from the date of issue of the notice) to provide that confirmation to the Board.
13.1	If a member fails to provide confirmation to the Board (in writing or by e-mail) that they wish to remain as a member of the organisation before the expiry of the 28-day period referred to in clause 13, the Board may expel them from the membership.
13.2	A notice under clause 13 will not be valid unless it refers specifically to the consequences (under clause 13.1) of failing to provide confirmation within the 28-day period.
	<b>LIABILITY OF MEMBERS</b>
14	The members of the organisation have no liability to pay any sums to help to meet the debts (or other liabilities) of the organisation if it is wound up; accordingly, if the organisation is unable to meet its debts, the members will not be held responsible.
15	The members and Charity Trustees have certain legal duties under the Charities and Trustee Investment (Scotland) Act 2005; and clause 14 does not exclude (or limit) any personal liabilities they might incur if they are in breach of those duties or in breach of other legal obligations or duties that apply to them personally.
	<b>CESSATION OF MEMBERSHIP</b>
16	A member shall cease to be a member if:
16.1	that Member sends a written notice of resignation to registered office of the Organisation; they will cease to be a member as from the time when the notice is received by the organisation;
16.2	that Member has failed to respond to any re-registration request under clause 13;
16.3	a resolution that that Member be expelled (where that Member's conduct, in their/its capacity as a Member, has been detrimental to the effective functioning of the Organisation) is passed by special resolution at a GM (notice of which shall state: (a) the full text of the resolution proposed; and (b) the grounds on which it is proposed) at which the Member is entitled to be heard;

16.4	in the case of an Individual, that Individual has died (membership of the Organisation not being transferable);
16.5	in the case of a group, that group goes into receivership or liquidation, or is dissolved or otherwise ceases to exist (membership of the Organisation not being transferable);
16.6	where the Member is a Charity Trustee of the Organisation, that Member has failed to comply with the code of conduct for Trustees in a manner which would result in them ceasing to be a Trustee and a member.
<b>REGISTER OF MEMBERS</b>	
17	The Board must keep a register of members, setting out for each current member: <ul style="list-style-type: none"> <li>a) their full name;</li> <li>b) their address; and</li> <li>c) the date on which they were registered as a member of the organisation.</li> </ul>
17.1	Where any member is not an individual, the register must also contain: <ul style="list-style-type: none"> <li>a) any other name by which the member is known;</li> <li>b) the principal contact for the member;</li> <li>c) any number assigned to it in the Scottish Charity Register, if it is a charity; and</li> <li>d) any number with which it is registered as a company, if it is a company.</li> </ul>
17.2	For each former member the register must set out, for at least six years from the date on they ceased to be a member: <ul style="list-style-type: none"> <li>a) their name; and</li> <li>b) the date on which they ceased to be a member.</li> </ul>
17.3	The Board must ensure that the register of members is updated within 28 days of receiving notice of any change.
17.4	If a member or Charity Trustee of the Organisation requests a copy of the register of members, the Board must ensure that a copy is supplied to them within 28 days, providing the request is reasonable. If the request is made by a member (rather than a Charity Trustee), the Board may provide a copy which has the addresses blanked out.
<b>ASSOCIATES</b>	
18	Individuals and Groups wishing to support the Purposes who are not members of the Community may become associates of the Organisation ("Associates"). Associates may attend and speak at GMs but may not participate in such meetings for voting or quorum purposes.
18.1	No Individual or Group may become an Associate unless that Individual or Group has submitted a written application to become an Associate in the form prescribed

	by the Charity Trustees and the Charity Trustees have approved the application. An application submitted by a Group must be signed on behalf of that Group.
18.2	The Charity Trustees shall consider applications for associateship promptly. The Charity Trustees shall assess each application to determine whether the applicant meets the criteria for becoming an Associate.
19	The Charity Trustees shall cause a register of associates to be maintained containing: <ul style="list-style-type: none"> <li>(a) the name and address of each Associate;</li> <li>(b) the date on which each Individual or Group was registered as an Associate; and</li> <li>(c) the date at which any Individual or Organisation ceased to be an Associate.</li> </ul>
20	An Associate shall cease to be an Associate if:
20.1	that Associate sends a written notice of resignation to the Organisation;
20.2	that Associate becomes a member of the Community;
20.3	a resolution that that Associate be expelled from being an Associate (where that Associate's conduct, in their capacity as Associate, has been detrimental to the effective functioning of the Organisation) is passed by special resolution at a GM (notice of which shall state: (a) the full text of the resolution proposed; and (b) the grounds on which it is proposed) at which the Associate is entitled to be heard);
20.4	in the case of an Individual: <ul style="list-style-type: none"> <li>(a) that Individual becomes insolvent or apparently insolvent or makes any arrangement with their creditors; or</li> <li>(b) that Individual has died; or</li> </ul>
20.5	in the case of a Group, that Group goes into receivership or liquidation, or is dissolved or otherwise ceases to exist.
	<b>GENERAL MEETINGS (Meetings of the Members)</b>
21	The Board may call a GM at any time and must call a GM within 28 days of a valid requisition. To be valid, such requisition must be signed by at least 5% of the Members, must clearly state the purposes of the meeting, and must be delivered to the registered office of the Organisation. The requisition may consist of several documents in like form each signed by one or more of the Members.
	<b>Annual General Meeting</b>
22	The Board shall convene one GM a year as an AGM. An AGM need not be held during the calendar year during which the Organisation is incorporated, provided an AGM is held within 15 months of the date of incorporation. Thereafter, not more than 15 months shall elapse between one AGM and the next.

22.1	<p>The business of each AGM shall include:</p> <ul style="list-style-type: none"> <li>(a) a report by the Chairperson on the activities of the Organisation;</li> <li>(b) the election of Elected Charity Trustees;</li> <li>(c) the fixing of annual subscriptions if applicable;</li> <li>(d) consideration of the accounts of the Organisation;</li> <li>(e) a report of the auditor if applicable; and</li> <li>(f) the appointment of the auditor if applicable.</li> </ul>
<b>Notice of General Meetings</b>	
23	Subject to the terms of clause 67, notice of a GM shall be given as follows:
23.1	At least 14 Clear Days' notice must be given of any GM.
23.2	<p>The notice must specify the place, date and time of the GM, the general nature of business to be dealt with at the meeting; and</p> <ul style="list-style-type: none"> <li>(a) in the case of a resolution to alter the constitution, must set out the exact terms of the proposed alteration(s); and</li> <li>(b) in the case of any special resolution (as defined in clause 30) must set out the exact terms of the resolution.</li> </ul>
23.3	Notice of every members' meeting must be given to all the members of the organisation, and to all the Charity Trustees; but the accidental omission to give notice to one or more members will not invalidate the proceedings at the meeting.
<b>CHAIRPERSON OF GENERAL MEETINGS</b>	
24	<ul style="list-style-type: none"> <li>(a) The Chairperson of the organisation shall act as Chairperson of each GM.</li> <li>(b) If the Chairperson is not present or willing to do so the Vice-Chairperson (if applicable) of the organisation shall act as Chairperson of the GM.</li> <li>(c) If neither the Chairperson nor the Vice-Chairperson is present or willing to act as Chairperson of the GM within 15 minutes after the time at which it was due to start, the Charity Trustees present shall elect from among themselves one of the Elected Charity Trustees who will act as Chairperson of that GM.</li> </ul>
<b>QUORUM AT GENERAL MEETINGS</b>	
25	<p>The quorum for a GM shall be the greater of:</p> <ul style="list-style-type: none"> <li>(a) eleven Members; or</li> <li>(b) 10% of the Members,</li> </ul> <p>present either in person or by proxy.</p> <p>No business shall be dealt with at any GM unless a quorum is present.</p>

25.1	If a quorum is not present within 15 minutes after the time at which the GM was due to start (or if, during a GM, a quorum ceases to be present) the GM shall be adjourned until such time, date and place as may be fixed by the Chairperson of the GM.
25.2	The Board may make arrangements in advance of a GM to allow members (or their proxies) to fully participate remotely, so long as all those participating in the meeting can communicate with each other; and all Members (or their proxies) may vote during the meeting. A Member or proxy participating remotely by such means shall be deemed to be present in person at the GM.
<b>VOTING AT GENERAL MEETINGS</b>	
26	The Chairperson of the meeting shall endeavour to achieve consensus wherever possible but, if necessary, questions arising shall be decided by being put to the vote.
26.1	Each Member shall have one vote, to be exercised in person or by proxy, by a show of hands
26.2	A secret ballot may be demanded by: <ul style="list-style-type: none"> <li>(a) the chairperson of the GM; or</li> <li>(b) at least two Members present at the GM,</li> </ul> before a show of hands and must be taken immediately and in such manner as the chairperson of the GM directs. The result of a secret ballot shall be declared at that GM.
27	In the event of an equal number of votes for and against any resolution, the Chairperson of the meeting shall have a vote in their capacity as a member of the organisation.
<b>Resolutions</b>	
28	At any GM an Ordinary Resolution put to the vote of the meeting may be passed by a simple majority of the Members voting (in person or by proxy).
29	Certain resolutions must be passed as Special Resolutions, including resolutions: <ul style="list-style-type: none"> <li>a) to alter the name of the Organisation; or</li> <li>b) to amend the Purposes; or</li> <li>c) to amend these Clauses; or</li> <li>d) to wind up the Organisation in terms of clause 72.</li> </ul> At any GM a Special Resolution put to the vote of the meeting may be passed by not less than two thirds of the Members voting (in person or by proxy).

30	Ordinary and Special Resolutions may be passed in writing, rather than at a General Meeting, and shall have effect as if they had been passed at a GM, provided the terms of this Clause are followed.
30.1	An Ordinary Resolution may be passed in writing if signed by a simple majority of all the Members.
30.2	A Special Resolution to wind up the Organisation may be passed in writing if signed by all the Members.
30.3	Any other Special Resolution may be passed in writing if signed by not less than two thirds of all the Members.
30.4	Written resolutions must be sent to all Members at the same time (the "Circulation Date") in hard copy (posted or hand-delivered) or electronic form (faxed or e-mailed), or by means of a website.
30.5	Written resolutions must be accompanied by a statement informing the Member: <ul style="list-style-type: none"> <li>(a) how to signify agreement to the resolution;</li> <li>(b) how to return the signed resolution to the Organisation (in hard copy (posted or hand-delivered) or electronic form (faxed or e-mailed));</li> <li>(c) the date by which the resolution must be passed if it is not to lapse (that is, the date which is 28 days after the Circulation Date); and</li> <li>(d) that they will not be deemed to have agreed to the resolution if they fail to reply.</li> </ul>
30.6	A written resolution may consist of several documents in the same form, each signed by or on behalf of one or more Members.
30.7	Once a Member has signed and returned a written resolution in agreement thereto, that Members' agreement is irrevocable.
30.8	The Members may require the Organisation to circulate a written resolution.
30.8.1	The resolution must be requested by at least 5% of the Members. Requests must be in hard copy (posted or hand-delivered) or electronic form (faxed or e-mailed), must identify the resolution and may be accompanied by a statement not exceeding 1,000 words which the Organisation will also be required to circulate.
30.8.2	The Board may reject the resolution but must provide reasons for doing so to the members requesting the resolution.

30.8.3	If accepted, the Organisation must circulate the resolution and any accompanying statement within 21 days, and may require the requesting Members to cover the expenses it incurs circulating the resolution.
	<b>MEETING ADJOURNMENT</b>
31	The Chairperson of the GM may, with the consent of a majority of the Members voting (in person or by proxy), adjourn the General Meeting to such time, date and place as the Chairperson may determine.
	<b>ORGANISATION MANAGEMENT</b>
32	The affairs, property and funds of the organisation shall be directed and managed by a Board of Charity Trustees. The Board:
32.1	shall set the strategy and policy of the Organisation;
32.2	shall, where no employees or managers are appointed, be responsible for the day-to-day management of the Organisation;
32.3	shall hold regular meetings between each AGM, meeting as often as necessary to despatch all business of the Organisation;
32.4	shall monitor the financial position of the Organisation;
32.5	shall direct and manage the affairs and Property of the Organisation;
32.6	shall generally control and supervise the activities of the Organisation;
32.7	may, on behalf of the Organisation, do all acts which may be performed by the Organisation (other than those required to be performed by the Members at a GM);
32.8	may exercise the powers of the Organisation; and
32.9	may not also be paid employees of the Organisation.
	<b>INTERIM BOARD</b>
33	Upon incorporation of the organisation, the individuals who signed the Charity Trustee declaration forms which accompanied the application for incorporation of the organisation shall be deemed to have been appointed by the members as Charity Trustees with effect from the date of incorporation of the Organisation.

33.1	The Interim Board shall retire at the first GM, which shall be held as soon as practicable following incorporation, but shall remain eligible for re-election (the period of office between the date of incorporation and the date of the first GM not being regarded as a “term of office” for the purposes of clause 36.5).
	<b>COMPOSITION OF THE BOARD OF CHARITY TRUSTEES</b>
34	The number of Charity Trustees shall be not less than three and the total number of Charity Trustees shall not be more than 6
	<b>APPOINTMENT OF CHARITY TRUSTEES</b>
35	From and after the first General Meeting of the organisation, the Board shall comprise the following individual persons (a majority of whom shall always be Elected Charity Trustees):
35.1	up to 6 individual persons elected as Charity Trustees by the Members in accordance with clause 36 (“the Elected Charity Trustees”), who must themselves be Ordinary Members; and
35.2	up to 2 individual persons co-opted in accordance with clause 37 (“the Co-opted Charity Trustees”), so as to ensure a spread of skills and experience within the Board.
35.3	Employees of the organisation may not be nominated as or become Charity Trustees.
	<b>ELECTED CHARITY TRUSTEES</b>
36	At the first General Meeting of the Organisation, the Members shall elect up to 6 individual Ordinary Members as Elected Charity Trustees.
36.1	Elected Charity Trustees must be nominated in writing by at least two Members. Such nominations must contain confirmation from the nominee that they are willing to act as an Elected Charity Trustee and must be delivered to the registered office of the Organisation at least seven days before the GM.
36.2	Each Member has one vote for each vacancy in the Elected Charity Trustees on the Board.
36.3	Provided the first GM is not also the first AGM, there shall be no changes in the Charity Trustees at the first AGM (except to fill any vacancies left following the first GM or caused by retirements since the first GM).
36.4	At the second and subsequent AGMs, one-third of the Elected Charity Trustees (rounding upwards if this is not a whole number) shall retire from office at the close or adjournment of that meeting.
36.5	A retiring Charity Trustee shall be eligible for re-election after one term of office. A retiring Charity Trustee shall not be eligible for re-election after two consecutive

	terms of office until a period of one year in which they have not been a Charity Trustee has passed.
36.6	The Elected Charity Trustee(s) to retire at an AGM shall be those who have been longest in office since their election/re-election (unless other Elected Charity Trustee(s) have agreed to retire at that AGM). As between Individuals who were appointed as Elected Charity Trustees on the same date, the Elected Charity Trustee(s) to retire shall be agreed between the Individuals appointed on the same date or determined by lot.
<b>CO-OPTED CHARITY TRUSTEES</b>	
37	Subject to clause 35, the Charity Trustees may appoint Individuals as Charity Trustees to ensure a spread of skills and experience within the Board (“Co-opted Charity Trustees”) and may remove a Co-opted Charity Trustee at any time.
37.1	A Co-opted Charity Trustee shall retire at the AGM following their appointment unless re-appointed by the Charity Trustees.
37.2	A Co-opted Charity Trustee can be removed from office at any time by a simple majority of the Board.
37.3	For the avoidance of doubt, a Co-opted Charity Trustee may participate fully in all Board meetings which they attend, and is eligible to vote at them.
<b>VACANCY</b>	
38	The Board may from time to time fill any casual vacancy arising as a result of the retiral (or deemed retiral for any reason) of any Elected Charity Trustee from or after the date of such retiral or deemed retiral until the next AGM.
<b>CHARITY TRUSTEES – GENERAL DUTIES</b>	
39	Each of the Charity Trustees has a duty, in exercising functions as a Charity Trustee, to act in the interests of the organisation; and, in particular, must:
39.1	seek, in good faith, to ensure that the organisation acts in a manner which is in accordance with its purposes;
39.2	act with the care and diligence which it is reasonable to expect of a person who is managing the affairs of another person;
39.3	in circumstances giving rise to the possibility of a conflict of interest between the organisation and any other party, put the interests of the organisation before that of the other party; where any other duty prevents them from doing so, disclose the conflicting interest to the organisation and refrain from participating in any deliberation or decision of the other Charity Trustees with regard to the matter in question;
39.4	ensure that the organisation complies with any direction, requirement, notice or duty imposed under or by virtue of the Charities and Trustee Investment (Scotland) Act 2005.

40	In addition to the duties outlined in clause 39, all of the Charity Trustees must take such steps as are reasonably practicable for the purpose of ensuring:
40.1	that any breach of any of those duties by a Charity Trustee is corrected by the Charity Trustee concerned and not repeated; and
40.2	that any Charity Trustee who has been in serious and persistent breach of those duties is removed as a Charity Trustee.
41	Provided they have declared their interest - and have not voted on the question of whether or not the organisation should enter into the arrangement - a Charity Trustee will not be debarred from entering into an arrangement with the group in which they have a personal interest; and (subject to clause 61 and to the provisions relating to remuneration for services contained in the Charities and Trustee Investment (Scotland) Act 2005), they may retain any personal benefit which arises from that arrangement.
42	No Charity Trustee may serve as an employee (full time or part time) of the organisation; and no Charity Trustee may be given any remuneration by the organisation for carrying out their duties as a Charity Trustee.
43	The Charity Trustees may be paid all travelling and other expenses reasonably incurred by them in connection with carrying out their duties; this may include expenses relating to their attendance at meetings.
<b>CODE OF CONDUCT FOR CHARITY TRUSTEES</b>	
44	Each of the Charity Trustees shall comply with the code of conduct (incorporating detailed rules on conflict of interest) prescribed by the Board from time to time.
44.1	The code of conduct shall be supplemental to the provisions relating to the conduct of Charity Trustees contained in this constitution and the duties imposed on Charity Trustees under the Charities and Trustee Investment (Scotland) Act 2005; and all relevant provisions of this constitution shall be interpreted and applied in accordance with the provisions of the code of conduct in force from time to time.
<b>REGISTER OF CHARITY TRUSTEES</b>	
45	The Board must keep a register of Charity Trustees, setting out for each current Charity Trustee: <ul style="list-style-type: none"> <li>a) the name of the Charity Trustee;</li> <li>b) the address of the Charity Trustee;</li> <li>c) the date on which they were appointed as a Charity Trustee; and</li> <li>d) any office held by them in the organisation.</li> </ul>
45.1	Where a Charity Trustee is not an individual the register must also contain: <ul style="list-style-type: none"> <li>a) Any other name by which the Charity Trustee is known;</li> <li>b) the principal contact for the Charity Trustee;</li> </ul>

	<p>c) any number assigned to it in the Scottish Charity Register (if it is a charity); and</p> <p>d) any number with which it is registered as a company, if it is a company.</p>
45.2	Where the Charity Trustee is appointed by OSCR under section 70A of the 2005 Act it must be recorded in the register.
45.3	<p>For each former Charity Trustee the register must set out, for at least 6 years from the date on which they ceased to be a Charity Trustee:</p> <p>a) the name of the Charity Trustee;</p> <p>b) any office held by the Charity Trustee in the Organisation; and</p> <p>c) the date on which they ceased to be a Charity Trustee.</p>
45.4	The Board must ensure that the register of Charity Trustees is updated within 28 days of receiving notice of any change.
45.5	If any person requests a copy of the register of Charity Trustees, the Board must ensure that a copy is supplied to them within 28 days, providing the request is reasonable; if the request is made by a person who is not a Charity Trustee of the Organisation, the Board may provide a copy which has the name and address of any of the Charity Trustees blanked out. The name of a Charity Trustee may only be blanked out if the Organisation is satisfied that including that information is likely to jeopardise the safety or security of any person or premises.
<b>TERMINATION OF CHARITY TRUSTEES OFFICE</b>	
46	A Charity Trustee will automatically cease to hold office if: -
46.1	they give the Organisation a notice of resignation, signed by them;
46.2	they become an employee of the Organisation;
46.3	in the case of a Charity Trustee elected under clause 36 they cease to be a member of the Organisation;
46.4	in the case of a Charity Trustee co-opted under clause 37 the Board under clause 37.2 vote to end the appointment;
46.5	they become disqualified from being a Charity Trustee under the Charities and Trustee Investment (Scotland) Act 2005;
46.6	they are absent (without good reason, in the opinion of the Board) from more than three consecutive meetings of the Board - but only if the Board resolves to remove them from office;

46.7	they become incapable for medical reasons of carrying out their duties as a Charity Trustee - but only if that has continued (or is expected to continue) for a period of more than six months;
46.8	they are removed from office by resolution of the Board on the grounds that they are considered to have committed a material breach of the code of conduct for Charity Trustees (as referred to in clauses 44);
46.9	they are removed from office by resolution of the Board on the grounds that they are considered to have been in serious or persistent breach of their duties under section 66(1) or (2) of the 2005 Act;
46.10	they become prohibited from being a Charity Trustee by virtue of section 69(2) of the 2005 Act
46.11	they commit any offence under section 53 of the 2005 Act.
47	Clauses 46.9 and 46.10 apply only if the following conditions are met:
47.1	the Charity Trustee who is subject of the resolution is given reasonable prior written notice of the grounds upon which the resolution for removal is to be proposed;
47.2	the Charity Trustee concerned is given the opportunity to address the meeting at which the resolution is proposed prior to the resolution being put to a vote; and
47.3	at least two thirds of the Charity Trustees then in office vote in favour of the resolution.
<b>CHAIRPERSON AND VICE-CHAIRPERSON</b>	
48	The Board shall meet as soon as practicable meeting immediately after each AGM or following the resignation of the existing Chairperson/Vice-Chairperson to appoint:  (a) an Elected Charity Trustee to chair Board meetings and GMs (the "Chairperson"), and
48.1	In the event that:  (a) the Chairperson is not present and willing to act within 15 minutes of the time at which the GM/Board meeting is due to start, or no Chairperson is currently appointed; and  the Charity Trustees present must appoint an Elected Charity Trustee to chair the GM/Board meeting.
<b>BOARD MEETINGS</b>	

49	The quorum for Board meetings shall be not less than 50% of all the Trustees, a majority of whom are Elected Charity Trustees. No business shall be dealt with at a Board meeting unless such a quorum is present.
49.1	A Charity Trustee shall not be counted in the quorum at a meeting (or at least the relevant part thereof) in relation to a resolution on which, whether because of personal interest or otherwise, they are not entitled to vote.
49.2	The Board may make any arrangements in advance of any Board meeting to allow members to fully participate in such meetings so long as all those participating in the meeting can clearly comprehend each other; a member participating in any such means other than in person shall be deemed to be present in person at the Board meeting.
50	7 Clear Days' notice in writing shall be given of any meeting of the Board at which a decision in relation to any of the matters referred to in clause 30 is to be made, which notice shall be accompanied by an agenda and any papers relevant to the matter to be decided.
50.1	All other Board meetings shall require not less than 7 days' prior notice, unless all Charity Trustees agree unanimously in writing to dispense with such notice on any specific occasion.
50.2	On the request of a Charity Trustee the Chairperson shall summon a meeting of the Board by notice served upon all Charity Trustees, to take place at a reasonably convenient time and date.
51	No alteration of the Clauses and no direction given by Special Resolution shall invalidate any prior act of the Board which would have been valid if that alteration had not been made or that direction had not been given.
52	The Board may act notwithstanding any vacancy in it, but where the number of Charity Trustees falls below the minimum number specified in clause 34, it may not conduct any business other than to appoint sufficient Charity Trustees to match or exceed that minimum.
53	The Board may invite or allow any person to attend and speak, but not to vote, at any meeting of the Board or of its sub-committees.
54	The Board may from time to time promulgate, review and amend any Ancillary Regulations, Guidelines and/or Policies, subordinate at all times to these Clauses, as it deems necessary and appropriate to provide additional explanation, guidance and governance to members/Charity Trustees.
	<b>VOTING AT BOARD MEETINGS</b>
55	The Chairperson of the Board meeting shall endeavour to achieve consensus wherever possible but, if necessary, questions arising shall be decided by being put to the vote,
55.1	Each Charity Trustee present (and who is eligible to vote) has one vote. In the event of an equal number of votes for and against any resolution at a Board

	meeting, the Chairperson of the meeting shall have a casting vote as well as a deliberative vote.
55.2	A resolution in writing shall be as valid and effectual as if it had been passed at a meeting of the Board or of a sub-committee. A resolution may consist of one or several documents in the same form each signed by one or more Charity Trustees or members of any relative sub-committee as appropriate.
	<b>SUB-COMMITTEES</b>
56	The Board may delegate any of its powers to sub-committees, each consisting of not less than one Charity Trustee and such other person or persons as it thinks fit or which it delegates to the committee to appoint.
56.1	Any sub-committee so formed shall, in the exercise of the powers so delegated, conform to any remit and regulations imposed on it by the Board. The meetings and proceedings of any such sub-committee shall be governed by the provisions of these Clauses for regulating the meetings and proceedings of the Board so far as applicable and so far as they are not superseded by any regulations made by the Board.
56.2	Each sub-committee shall ensure the regular and prompt circulation of, the minutes of its meetings to all Charity Trustees.
	<b>CONSTRAINTS ON PAYMENTS/BENEFITS TO MEMBERS AND CHARITY TRUSTEES</b>
57	The income and property of the Organisation shall be applied solely towards promoting the Purposes and do not belong to the members. Any surplus income or assets of the Organisation are to be applied for the benefit of the Community.
58	No part of the income or property of the Organisation shall be paid or transferred (directly or indirectly) to the members of the Organisation, or to any other individual, whether by way of dividend, bonus or otherwise, except in the circumstances provided for in clause 59.
59	No benefit (whether in money or in kind) shall be given by the Organisation to any member or Charity Trustee except the possibility of:
59.1	repayment of out-of-pocket expenses (subject to prior agreement by the Board);
59.2	reasonable remuneration in return for specific services actually rendered to the Organisation (in the case of a Charity Trustee such services must not be of a management nature normally carried out by a Trustee of an Organisation);
59.3	payment of interest at a rate not exceeding the commercial rate on money lent to the Organisation;
59.4	payment of rent at a rate not exceeding the open market rent for property let to the Organisation;

59.5	the purchase of property from any member or Charity Trustee provided that such purchase is at or below market value;
59.6	the sale of property to any member or Charity Trustee provided that such sale is at or above market value; or
59.7	payment by way of any indemnity, where appropriate in accordance with clause 67.
60	Where any payment is made under clause 59, the terms of clause 61 must be observed.
<b>PERSONAL INTERESTS &amp; CONFLICTS OF INTEREST</b>	
61	Whenever a Charity Trustee finds that there is a personal interest, as defined in sub-clauses 61.3 and 61.4, they have a duty to declare this to the Board meeting in question.
61.1	A Charity trustee must not vote at a Board meeting (or at a meeting of a sub-committee) on any resolution which relates to a matter in which they has a personal interest or duty which conflicts (or may conflict) with the interests of the SCIO.
61.2	It will be up to the Chairperson of the meeting in question to determine: <ul style="list-style-type: none"> <li>(a) whether the potential or real conflict simply be noted in the Minutes of any relevant meeting, or</li> <li>(b) whether the Charity Trustee in question, whilst being permitted to remain in the meeting in question, must not partake in discussions or decisions relating to such matter, or</li> <li>(c) whether the Charity Trustee in question should be required to be absent during that particular element of the meeting. Where a Charity Trustee leaves, or is required to leave, the meeting they no longer form part of the quorum for that meeting.</li> </ul>
61.3	An interest held by an individual who is “connected” with the Charity trustee under section 68(2) of the Charities and Trustee Investment (Scotland) Act 2005 (husband/wife, partner, child, parent, brother/sister etc) shall be deemed to be held by that Charity trustee;

61.4	A Charity trustee will be deemed to have a personal interest in relation to a particular matter if a body in relation to which they are an employee, director, member of the management committee, officer or elected representative has an interest in that matter.
61.5	The Board shall determine from time to time what interests shall be relevant interests and shall ensure that a Register of Notices of Relevant Interests is maintained, which shall be open for inspection by both the Board and members of the Organisation and, with the express prior written approval of the Charity Trustee or employee concerned, by members of the public.
	<b>FINANCES &amp; ACCOUNTS</b>
62	The Board shall determine:
62.1	which banks or building societies the bank accounts of the Organisation shall be opened with;
62.2	how bank accounts shall be maintained and operated; and
62.3	how cheques and other negotiable instruments, and receipts for monies paid to the Organisation, shall be signed, drawn, accepted, endorsed or otherwise executed.
63	The Board shall cause accounting records to be kept for the Organisation in accordance with the requirements of the 2005 Act and other relevant legislation.
63.1	The accounting records shall be maintained by the Treasurer (if there is one) and overseen by the Principal Officer (if there is one), or otherwise by, or as determined by, the Board. Such records shall be kept at such place or places as the Board thinks fit and shall always be open to the inspection of the Trustees.
63.2	The Board must prepare annual accounts, complying with all relevant statutory requirements, and must ensure the accounts are examined or audited, as appropriate, by a qualified examiner or auditor.
63.3	At each AGM, the Board shall provide the members with a copy of the accounts for the period since the last preceding accounting reference date (or, in the case of the first account, since the incorporation of the Organisation). The accounts shall be accompanied by proper reports of the Board.

63.4	Copies of such accounts shall, not less than 21 clear days before the date of the General Meeting, be delivered or sent to all members, Charity Trustees, the Office Bearers and the auditor, or otherwise be available for inspection on the website or other location of the Organisation (with all members, Charity Trustees, the Organisation Secretary and the auditor being made aware that they are so available for inspection there).
<b>NOTICES</b>	
64	The Organisation may serve a notice on a Member in hard copy (addressed to the address given for that Member in the register of members, and posted or hand-delivered) or electronic form (faxed or e-mailed). A notice is deemed to have been served on the day following the day on which it is hand-delivered, posted faxed or e-mailed.
65	The Organisation may communicate with a Member by electronic means (including fax and e-mail) unless the Member has requested that communications from the Organisation be sent in hard copy. The Organisation may publish notifications by means of a website provided the Organisation has advised Members of this and taken reasonable steps to notify Members who have informed the Organisation that they do not have internet access.
<b>RECORDS OF MEETINGS</b>	
66	The Board shall cause minutes to be made of all appointments of officers made by it and of the proceedings of all General Meetings and of all Board meetings and of sub-committees, including the names of those present, and all business transacted at such meetings and any such minutes of any meeting, if purporting to be signed after approval, either by the Chairperson of such meeting, or by the Chairperson of the next succeeding meeting, shall be sufficient evidence without any further proof of the facts therein stated.
<b>INDEMNITY</b>	
67	Subject to the terms of the 2005 Act and without prejudice to any other indemnity, the Charity Trustees, or member of any sub-committee, the Organisation Office Bearers and all employees of the Organisation may be indemnified out of the funds of the Organisation against any loss or liability (including the costs of defending successfully any court proceedings) which he, she or they may incur or sustain, in connection with or on behalf of the Organisation.
<b>ALTERATION TO THE CLAUSES</b>	
68	Subject to the terms of this clause, this constitution may be altered by a Special Resolution of the members passed in accordance with clause 29 or 30.3

68.1	Any changes to the purposes set out in clause 4 are subject to written consent being obtained from OSCR (and its successors) in terms of section 16 of the Charities and Trustee Investment (Scotland) Act 2005
68.2	The Board must notify OSCR (and its successors) of any changes to the constitution not relating to the purposes, in terms of section 17 of The Charities and Trustee Investment (Scotland) Act 2005
<b>DISSOLUTION</b>	
69	The Organisation may be wound up or dissolved only on the passing of a Special Resolution for that purpose in accordance with clauses 29 and 30.4, and subject to written consent being obtained from OSCR.
69.1	<p>If, on the winding-up of the Organisation, any property or assets remains after satisfaction of all its debts and liabilities, such property shall be given or transferred to such other community body or bodies or charitable group, which has purposes which resemble closely the purposes of the Organisation, as may be:</p> <ul style="list-style-type: none"> <li>(a) determined by not less than two thirds of the Ordinary Members of the Organisation voting (in person or by proxy) at a General Meeting called specifically (but not necessarily exclusively) for the purpose; and</li> <li>(b) approved by OSCR (and its successors).</li> </ul>

**COMMUNITY EMPOWERMENT (SCOTLAND) ACT 2015**  
**FALKIRK COUNCIL ASSET TRANSFER REQUEST FORM**

**IMPORTANT NOTES:**

This is an application form which can be used to make an Asset Transfer request to Falkirk Council.

Any Community Body interested in making an Asset Transfer Request is advised to contact the Asset Team on [strategicpropertyreview@falkirk.gov.uk](mailto:strategicpropertyreview@falkirk.gov.uk) before making the request so that we can discuss your proposal.

Please complete the asset transfer request form if the property/land is owned/leased/managed by Falkirk Council.

It is essential that you read the [Asset Transfer guidance](#) provided by the Scottish Government before making a request.

When completed, this form should be emailed to [strategicpropertyreview@falkirk.gov.uk](mailto:strategicpropertyreview@falkirk.gov.uk) or sent to

The Asset Team

Falkirk Council

4 Stadium Way

Falkirk

FK2 9EE

## Section 1: Information about the Community Transfer Body (CTB) making the request

1.1 Name of the CTB making the asset transfer request

Stenhousemuir Gymnastics Club

1.2 CTB address. This should be the registered address, if you have one.

Postal address: Carron Gymnastics Centre 2 Carronlea Drive, Falkirk

Postcode: FK2 8DN.

1.3 Contact details. Please provide the name and contact address to which correspondence in relation to this asset transfer request should be sent.

Contact name: [REDACTED]

Postal address: [REDACTED]

Grangemouth

Postcode: [REDACTED]

Email: [REDACTED]

Telephone: [REDACTED]

**X** We agree that correspondence in relation to this asset transfer request may be sent by email to the email address given above. *(Please tick to indicate agreement)*

*You can ask Falkirk Council to stop sending correspondence by email, or change the email address, by telling them at any time, as long as 5 working days' notice is given.*

1.4 Please mark an “X” in the relevant box to confirm the type of CTB and its official number, if it has one.

	Company and its company number is .....	
	Scottish Charitable Incorporated Organisation (SCIO) and its charity number is .....	SC054406
	Community Benefit Society (BenCom) and its registered number is .....	
	Unincorporated organisation (no number)	

**Please attach a copy of the CTB’s constitution, articles of association or registered rules.**

Please note that under The Community Empowerment (Scotland) Act 2015, where a CTB is seeking ownership rather than a lease, the organisation must have at least 20 members. See the Scottish Government’s [Guidance for Community Transfer Bodies](#).

1.5 Has the organisation been individually designated as a community transfer body by the Scottish Ministers?

No  X

Yes

Please give the title and date of the designation order:

--

1.6 Does the organisation fall within a class of bodies which has been designated as community transfer bodies by the Scottish Ministers?

No

Yes  X

If yes what class of bodies does it fall within?

Section 80(1)(b) it is a Scottish charitable incorporated organisation the constitution of which includes provision that the organisation must have not fewer than 20 members.

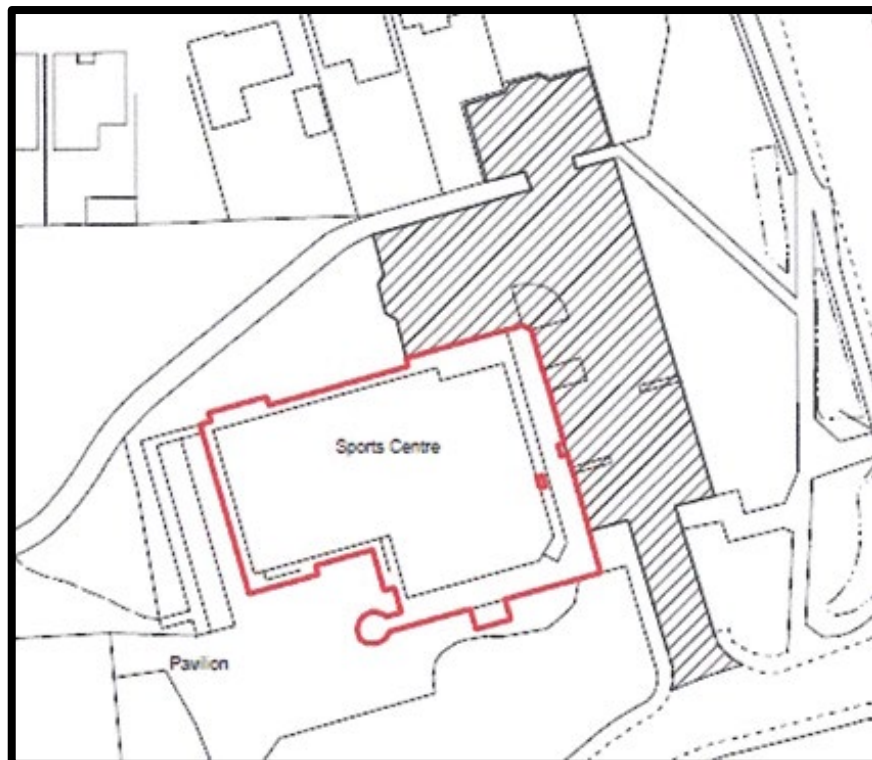
## Section 2. Information about the land and rights requested

2.1 Please identify the property/land to which this asset transfer request relates.

You should provide a street address or grid reference and any name by which the land or building is known. If you have identified the land on the relevant authority's register of land, please enter the details listed there.

*It may be helpful to provide one or more maps or drawings to show the boundaries of the land requested. If you are requesting part of a piece of land, you must attach a map and give a full description of the boundaries of the area to which your request relates. If you are requesting part of a building, please make clear what area you require. A drawing may be helpful.*

Details of  
Property:



**Carron Gymnastics Centre, Carronlea Dr, Carron, Falkirk FK2 8DN.**

UPRN: 136023577

Address: 2 Carronlea Drive, Falkirk

Postcode: FK2 8DN.

2.2 Please provide the UPRN (Unique Property Reference Number), if known.

UPRN: 136023577

### Section 3. Type of request, payment and conditions

3.1 Please tick what type of request is being made:

for ownership (under section 79(2)(a)) - go to section 3A

for lease (under section 79(2)(b)(i)) – go to section 3B

for other rights (section 79(2)(b)(ii)) - go to section 3C

#### 3A – Request for Ownership

What price are you prepared to pay for the land requested?

Proposed price: £1

Please attach a note setting out any other terms and conditions you wish to apply to the request.

Car Park access

### 3B – Request for Lease

What is the length of lease you are requesting?

How much rent are you prepared to pay? Please make clear whether this is per year or per month.

Proposed rent: £                      per

Please attach a note setting out any other terms and conditions you wish to be included in the lease, or to apply to the request in any other way.

### 3C – Request for other Rights

What are the rights you are requesting?

Car park access / use

Do you propose to make any payment for these rights?

**Yes**  

**No**  

If yes, how much are you prepared to pay? Please make clear what period this would cover, for example per week, per month, per day?

Proposed payment: £                      per

Please set out any other terms and conditions you wish to apply to the request.

## Section 4. Community Proposal

4.1 Please set out the reasons for making the request and how the land or building will be used.

This should explain the objectives of your project, why there is a need for it, any development or changes you plan to make to the land or building, and any activities that will take place there.

### 4.1.1 Objectives of Project

We currently run our gymnastics programme from the Carron Gymnastics Centre, where we train gymnasts to a high level. We offer the opportunity for our gymnasts to gain coaching experience and qualifications

We work with the community, for the community. We will continue to develop partnerships with local organisations, service providers and community groups.

Our vision is to provide a community led space that helps deliver long-term, social, economic, sustainable and environmental benefits to the local community.

Our values are based on:

- Working in an inclusive and respectful manner, not discriminating against anyone
- Being a not-for-profit organisation and investing any surplus in the advancement of our facilities for our local community
- Being community led
- Intergenerational approach to serving all age ranges in the community
- Innovative and proactive approach to local people's needs

Our key objectives are:

- To offer the people of Falkirk and District, a quality gymnastics service and to build a successful community gymnastics hub giving it a financially secure future.
- To improve health and wellbeing of our community
- Provide increased social benefits
- Empower our community, families, and gymnasts
- Provide opportunity to gain coaching qualifications and experience
- Provide a space for children to help alleviate child poverty in the area

### 4.1.2 Why there is a need for your Project?

The centre is purpose built for gymnasts. Set up as a gymnastics centre in 2019. Currently providing good quality facilities at all levels, from birth to adults and also people with ASN needs. The centre has potential to provide even more classes and disciplines to a wider audience as well as support other organisation to provide a safe space for play etc.

Our mission is to empower individuals of all ages and abilities through gymnastics by providing affordable, high-quality coaching in a safe, fun, and inclusive environment. We strive to foster personal development, promote physical health,

and strengthen community engagement. As we look to the future, we aim to take community ownership of our facilities, expand our outreach, and enhance our program offerings to ensure long-term sustainability and growth.

4.1.3 Will any Development/changes/modifications to the asset be required?

We plan on upgrading the facility as when needed so we can provide everyone access to our facilities.

4.1.4 What activities will take place?

Gymnastics and associated activities within the large gym space.

Our plan would be to introduce a Gym/ Fitness Studio. This would be in our small hall which could be converted to a gym which would again benefit our gymnasts training. The gym could also be utilised by community for a membership fee.

4.1.5. If the asset is to be used by the public, please provide details of lettings policy and opening times.

We will aim to provide a space for fitness and associated activities. We will develop policies and procedures as and when needed.

The centre is available to book 7 days a week, from 9am until 10pm, with various classes taking place throughout the week and weekend.

4.1.6 What provision will be provided for people with disabilities?

We look to seek funding to make the facility fully accessible as we want to provide gymnastics and associated activities for all abilities. Funding will help us to build out our offering for people with additional support needs of all types.

4.1.7 Any other relevant information?

## Benefits of the proposal

4.2 Please set out the benefits that you consider will arise if the request is agreed to.

Local Authorities are permitted to dispose of property at less than market value where there are wider public benefits to be gained. This is set out in the Disposal of Land by Local Authorities (Scotland) Regulations 2010. These public benefits are listed below.

In this section, please explain how the project will benefit your community, and others. Please refer to the Scottish Government [guidance](#) on how the Council will consider the benefits of a request.

Please explain how the project will benefit your community by detailing how your project will promote or improve: -

#### 4.2.1. Economic development/income generation

i.e. Please include details of any job creation or **volunteering and training** opportunities that will be available as a result of the Asset Transfer. Also details of how your organisation will involve the **local community** and of any incentives that may be available to encourage the local community to use the proposed services.

Our Gymnastics Club provides essential services that might otherwise be inaccessible due to the financial constraints of our local community. We are a volunteer-run club, and the opportunities we provide to volunteers help residents develop new skills and gain valuable work experience. Volunteering can serve as a stepping stone to future employment, enhancing the employability of individuals and contributing to the overall skill level of the community. Offering educational and training programmes can help bridge the gap for those who are not in full-time education or employment.

We also give young people the chance to work towards their coaching certificates, providing them with a structured pathway to develop their skills and gain formal qualifications. This not only enhances their personal development but also contributes to the sustainability of our club by nurturing future coaches and leaders within the community.

Our Gymnastics Club fosters social cohesion and well-being, which are essential for a thriving economy.

#### 4.2.2. Regeneration

i.e. Please include details of whether your organisation will contribute to the **physical regeneration** of the area, and how your proposal will impact the regeneration of the area, in terms of volunteering or employment, giving examples.

By taking community ownership of the Gymnastics Centre, we will look to regularly maintain the interior and exterior of the facility. We will paint the exterior to improve the aesthetic of the centre. This initiative will ensure that the building does not become derelict and neglected, which can be an eyesore and a safety concern in the middle of a residential area. By keeping the

Gymnastics Centre well-maintained, we will contribute to the overall appearance and safety of the neighbourhood, fostering a sense of pride and community among residents.

#### 4.2.3. Public Health

i.e. How likely is the proposal to improve the Public Health of the Community, in terms of **physical and mental health**, for example through volunteering, training, or taking part in activities, giving examples.

By improving the overall health of our community, our Gymnastics Club aims to help ease the pressure on public and social services, and on other facilities. The physical activities we provide for children of different age groups help maintain physical health and mobility for all those who attend them. Together, these benefits contribute to a healthier, happier, and more connected community. When individuals have access to programmes that support their physical and mental health, they are less likely to require intervention from public services. This proactive approach to community health not only benefits individuals, but also reduces the burden on public resources, allowing them to be allocated more effectively to areas where they are needed the most.

Regular physical activity can reduce stress, improve mood, and provide a sense of purpose, which can decrease the reliance on health services.

Previous research undertaken by British Gymnastics shows that many children drop out of the sport by age eight or nine with only 15% of total participants remaining active by the age of 16.

We are currently looking at how we can encourage gymnasts to either continue with the sport or look at other pathways such as volunteering.

We aim to work with and encourage our older gymnasts to volunteer and help support the younger gymnasts, gain qualification and experience while still training, or towards the end of their training. All our volunteers are encouraged to register their volunteer hours with Saltire awards.

#### 4.2.4. Social Wellbeing

i.e. How will the proposal improve the Community's Social Well-Being and mental health, or how might it improve the **learning offer and activities** available in the area? Please give brief examples of these activities.

The activities and social interactions facilitated by our Gymnastics Club will contribute significantly to both the mental and social wellbeing of our community. We provide a safe space for the local community to meet and engage with each other through our training sessions, activities, and events. Offering volunteer opportunities within the Gymnastics Club can enhance social cohesion and provide residents with a sense of purpose. Volunteering can help individuals develop new skills, gain confidence, and feel more connected to their community.

By facilitating intergenerational activities, the club can bridge the gap between different age groups. Intergenerational activities can foster mutual understanding and respect and provide opportunities for learning and mentorship.

We will provide holiday provision, which will include free places to families who are highlighted by our schools and partners. We will also offer childcare for working parents during school holidays.

#### 4.2.5. Environmental Wellbeing / Environmental Benefits

i.e. Will the proposal bring green / environmental benefits and / or have an impact on the **local environment**? Will it help mitigate the effects of climate change? If so please give details.

We plan to continue to work in an environmentally conscious way to reduce our carbon footprint on the environment and local community. We will look to implement energy-efficient technologies and sustainable practices so the Gymnastics Centre can reduce its environmental impact. We can engage the community in environmental initiatives, such as clean-up drives in the local area, tree planting events, and active recycling programmes. These activities can foster a sense of community pride and responsibility, encouraging residents to take an active role in protecting their local environment.

#### 4.2.6. Does your project contribute to the reduction of inequalities?

i.e. Will the proposal enable the community to access activities not otherwise available; will these activities be available at an affordable rate; how will your organisation work with other local providers to **reduce inequalities**?

Our mission is to empower individuals of all ages and abilities through gymnastics by providing affordable, high-quality coaching in a safe, fun, and inclusive environment.

By providing a local facility, the people in the area will benefit from services they would otherwise have to travel to. This will make it far more accessible to the local community. We are on a bus route that people under 22 will be able to access free of charge and we have car parking facilities.

We will provide holiday provision, which will include free places to families who are highlighted by our schools and partners. We will also offer childcare for working parents during school holidays.

#### 4.2.7 Will local people be engaged in the use and management of the Asset?

A “community of interest” may not represent the people living near to the asset. Please provide evidence of how **local people and communities** will be engaged in the use and management of the asset, and how they have been consulted.

Dec 24: We held a fundraising event at the centre, and we consulted with the parents/ carers of the gymnasts.

We signed up 20 plus parents who wanted to support the committee on taking over the Centre. All parents consulted were keen to stay at the club, due to the facilities and coaches.

The gymnasts and other children attending the open gym were also surveyed and asked:

- How many hours they trained?
- How long they had been attending gymnastics?
- What they liked about gymnastics?

This consultation was to look at how we could improve the club and the facilities. The feedback was positive, and the gymnasts (and potential gymnasts) highlighted they liked coming to the gym as they had made friends here, the coaches and volunteers were friendly and helpful and there was a good sense of community. The facilities' such as the pits, sprung floor etc were great for trying new moves especially for the older gymnasts, the younger ones loved the pit and being able to learn new things.

The gymnasts are keen to try new disciplines, so we will use the feedback to look at new classes.

We will continue to hold open gyms (4 times per year) to seek feedback from users of the asset and ask the local community to help with the future direction of the project.

#### 4.2.8 How will you monitor whether the Asset Transfer is benefiting the community?

Will you survey the users / invite feedback / compare user numbers with a baseline etc

We will keep records of the number of people who attend our facility, our membership levels, the number of people engaging with us on social media and website users.

We will monitor our social impact by collecting information on the demographics of our gymnasts, coaches, and volunteers, gathering feedback in terms of health and social benefits of users. We will keep records of feedback to measure the impact our services have on the local community.

We will measure the usage of the hall, using the current attendee numbers as supplied by Falkirk Council, as our baseline estimate.

#### 4.2.9 Any other relevant information?

## Restrictions on use of the land

- 4.3 If there are any restrictions on the use or development of the land, please explain how your project will comply with these.

Restrictions might include, amongst others, environmental designations such as a Site of Special Scientific Interest (SSI), heritage designations such as listed building status, controls on contaminated land or planning restrictions.

We are not aware of any restrictions on the use of the land.

## Negative consequences

- 4.4 What negative consequences (if any) may occur if your request is agreed to? How you propose to minimise / reduce these?

You should consider any potential negative consequences for the local economy, environment, or any group of people, and explain how you could reduce these.

We don't foresee any negatives, the only negatives are if the building is closed and classes must be moved from the building which is purpose built for gymnastics to 2 separate places where the equipment isn't as good.

We have considered potential negative consequences of the group taking over the building through Community Asset Transfer as:

- Costly repair work is required for the building we will need to fund
- Utility costs are high for the building, and we understand the risk of these increasing
- There is a risk of us not being able to attract enough business to ensure the hall is able to continue
- We understand there is a lot of volunteering work required for our proposal to work and are reliant on there being a continued involvement from the community to help with this
- Increase in the level of traffic due to increased usage of the hall
- Increase in the level of noise pollution due to the increase in usage of the hall

## Capacity to deliver

4.5 Please show how your organisation will be able to manage the project and achieve your objectives.

This could include the skills and experience of members of the organisation, any track record of previous projects, whether you intend to use professional advisers, etc.

4.5.1 Has your organisation or any of its members managed projects or owned / leased property/land prior to this?

Yes

No

Please provide details of:

4.5.2 Skills and experience of the members of the organisation

The board have a varied skill mix with a wide range of skills and experiences, that includes students, full-time professionals, and retired individuals.

Our backgrounds span different industries, ensuring a well-rounded perspective in decision-making. Comfortable in public settings, the board actively takes part in meetings and engages with the community. We communicate effectively, whether addressing large audiences, or having those one-on-one conversations. The board supports causes that help the local area and our residents. Our trustees bring project experience, enabling us to oversee initiatives efficiently. Our ability to plan, execute, and evaluate projects ensures successful outcomes. Our experience in negotiation, collaboration, and strategic planning enhances the hall's operations. Our charity trustees handle costings and budgets adeptly. Our financial acumen ensures responsible resource allocation, where several trustees have successfully run their own profitable businesses. Our entrepreneurial insights contribute to sustainable practices and financial stability. The board keeps valuable connections with skilled professionals such as joiners, builders, plumber, heating engineer, and electricians – these contacts prove invaluable for maintenance and improvement projects.

[REDACTED]

Currently works for [REDACTED] as a Participation and Engagement Manager and has relevant experience in working with communities, including Community groups, charities and social enterprises.

Skills include:

Community engagement

Identifying relevant Funding/ funding applications

Partnership work

Former gymnast and coach

Families Support: Worked with families experience a range of issues including poverty, homelessness, mental Health issues, unemployment etc.

Youth support: Worked with Young people within school setting and youth Club. Currently mentors' young people through MCR Pathway

[REDACTED] Secretary: Skills include:

- Trained coach
- Social media
- Organisational skills: managing the overseeing of all the classes, competitions and events.

[REDACTED] Treasurer:

- Organised
- Finances: currently moving our payment system onto a new more efficient system

Funding Team: Have relevant experience in

- organising large events
- Planning fundraising events and activities
- Social media skills

The team has been working on several activities including

- Open Gym: Event which raised £1500 over the Xmas period will now be run 4 x a year as feedback from the attendees was that it was very enjoyable and was great to see their children in the gym.
- Raffles
- Parents night/ display evening
- Competitions: including inhouse and invite only competitions

4.5.3 Do you intend to use professional advisors? Please provide details.

We are currently working with:

- CVS Falkirk and District
- Scottish Gymnastics
- Community Ownership Support Service (COSS)

We plan to engage with relevant professionals when the need arises – this includes solicitors, accountants, surveyors, etc.

4.5.4 Do you currently lease/manage a property from Falkirk Council? If yes, please provide details.

The Club currently has an FRI Licence of Carron Gymnastics Club from Falkirk Council.

4.5.4 Please detail how you plan to manage the building?

The building will be managed by volunteers and coaches. The Board of Trustees will oversee the management of the building.

4.5.5 Please provide any other information you think may be relevant.

## **Section 5. Level and nature of support**

5.1 Please provide details of the level and nature of support for the request, from your community and, if relevant, from others.

This could include information on the proportion of your community who are involved with the request, how you have engaged with your community beyond the members of your organisation and what their response has been. You should also show how you have engaged with any other communities that may be affected by your proposals.

5.1.1. What community engagement has taken place to help develop your business plan? Please provide evidence, for example any completed surveys, questionnaires, letters of support, minutes of public meetings etc.

On December 2024:

We held a fundraising event at the centre, and we consulted with the parents/ carers of the gymnasts.

We signed up 20 plus parents who wanted to support the committee on taking over the Centre. All parents consulted were keen to stay at the club., due to the facilities and coaches (details contained in our business plan.)

Quotes from parents/ carers:

*"We come from [REDACTED] to this centre as it has the best equipment, and my son has made good friends. Coaches are good and the improvements in him is brilliant. Great to see him in action today as we normally only see him at competition"*

*"Think it's a disgrace to open up a gymnastics centre and then decide to shut it!"*

*"Would be great to keep the centre open, it's so handy as it has good parking and easy access".*

The gymnasts and other children attending the open gym were also surveyed and asked:

How many hours they trained?

How long they had been attending gymnastics?

What they liked about gymnastics?

This consultation was to look at how we could improve the club and the facilities. The feedback was positive, and the gymnasts (and potential gymnasts) highlighted they liked coming to the gym as they had made friends here, the coaches and volunteers were friendly and helpful and there was a good sense of community. The facilities' such as the pits, sprung floor etc were great for trying new moves especially for the older gymnasts, the younger ones loved the pit and being able to learn new things.

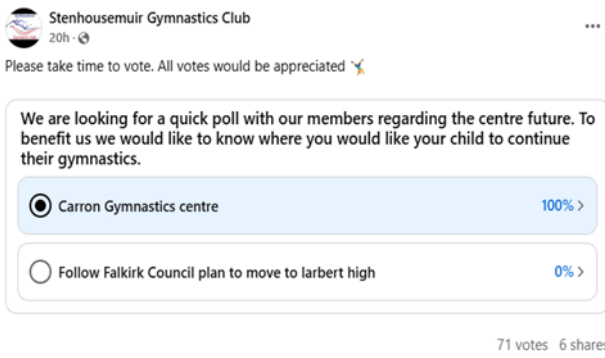
The gymnasts are keen to try new disciplines, so we will use the feedback to look at new classes.

Table of users comments with names has been [REDACTED]

Focus Group: our young gymnasts were keen to put together a Youth Committee to feed into the Committee meetings.

8 girls aged 11-14, Came together as they wanted to be involved with the planning and organising of events, fundraising, etc, as they felt a connection to the centre, and the people who attend.

- The girls currently volunteer within the club helping to support the coaches with the younger gymnasts
- They want to help plan the fundraising events
- They want to volunteer at the fundraising events
- And they want to be involved with any decisions that are being made within the club.



Numerous surveys have been shared via our social media:

SGC fb page: Survey to see what area our gymnasts live 87% within FC area, 3% outwith, 44 votes.

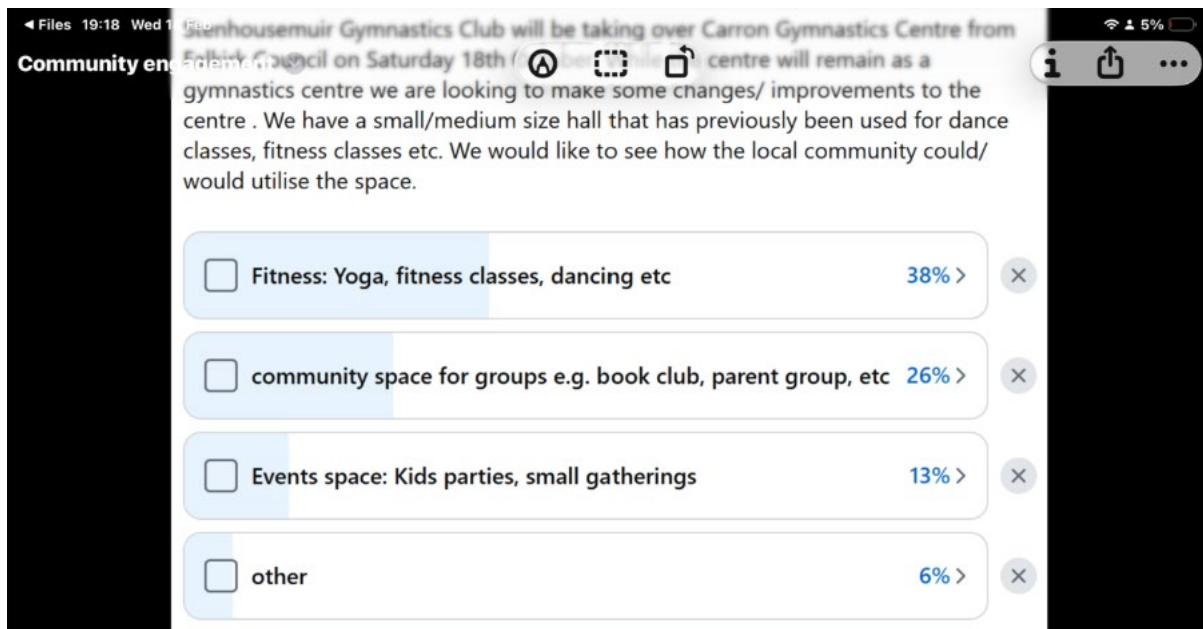
A survey to see if our gymnasts would like to move to Larbert High/ Mariner Centre or stay at Carron Gymnastics Centre: 100% voted to stay, 77 votes.

A survey shared via social media to ask local community how they would like to use our small hall. The survey collected over 80 responses with positive input and ideas including:

Community use for: Groups such as mother and toddler, book group, kids' parties or small gatherings.

Health and well-being: gym, yoga, fitness classes, Pilates etc.

A survey was put out via social media to ask local community how they would like to use our small hall. The survey collected over 80 responses with very positive input and ideas including:



5.1.2 Have you consulted with other local stakeholder groups or agencies? Please provide evidence.

We have spoken to the other users of the gymnastics centre, and we have been in contact with other clubs in other council areas, who we regularly engage with in competition settings.

We have also contacted schools and other services promoting our classes and facilities.

5.1.4 Have you been in contact with any other communities or community groups that may be affected? Please give details.

We have been in contact with the Tryst Gymnastics Club who used the centre but they have chosen to move to Larbert High along with FC.

We have also started to attend the Community Ownership Group meetings that are hosted by CVS Falkirk & District, where we are able to gain that much needed Peer support within our community.

5.1.5 Please provide any other information you think may be relevant.

## Section 6. Financial Viability of Project

Your Business Plan should contain full information about the financial viability of the project, evidencing that the organisation will be able to sustain the project in the long term.

Please submit

- at least 1 year's audited accounts to evidence your organisations financial stability (if available)
- where audited accounts are not available (for instance for new groups) please provide a bank statement.
- a projected 5 year income and expenditure account
- a cash flow forecast for the proposed asset transfer.

6.1 Please outline the Policies and Procedures your organisation has in place to govern the group's finances

We recognise our organisation's requirements as a registered SCIO. We will continue to submit audited accounts yearly to OSCR. Our finances are presented and scrutinised at every board meeting. We will follow OSCR's Guidance and Good Practice for Charity Trustees ([oscr.org.uk](http://oscr.org.uk)) to ensure we manage our finances correctly.

As a gymnastics club, we have in place the various policies required to ensure the safety of our users, coaches, and volunteers.

Since taking on the building under an FRI Licence, we have introduced all the necessary policies that are required, including health and safety policies, fire safety, safeguarding, GDPR, etc.

## Section 7. Funding

7.1 Please outline how you propose to fund the price or rent you are prepared to pay for the land, and your proposed use of the land.

If you intend to apply for grants or loans you should demonstrate that your proposals are eligible for the relevant scheme, according to the guidance available for applicants.

7.1.1 Please show your calculations of the costs associated with the transfer of the land or buildings and your future use of it, including any redevelopment, ongoing, maintenance and the costs of your activities. All proposed income and investment should be identified, including volunteering and donations.

Solicitors fees: £\_[REDACTED]

Insurance : Markel Direct- £\_[REDACTED]

We have attached a 5-year cash flow within the financial appendices which shows all projected income and expenditure.

<b>Volunteer Hours</b>	<b>Hours</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Year 5</b>	<b>Total</b>
<b>Board of Trustees (£40/Hour)</b>	160	£6,400	£6,624	£6,855	£7,095	£7,344	<b>£34,319</b>
<b>Volunteers (£12.60/Hour)</b>	750	£9,450	£9,780	£10,123	£10,477	£10,844	<b>£50,675</b>
<b>Total</b>	<b>910</b>	<b>£15,850</b>	<b>£16,404</b>	<b>£16,978</b>	<b>£17,573</b>	<b>£18,188</b>	<b>£84,995</b>

## Running Costs

Item	Cost/Year
PAT Testing	£120
Fire Extinguishers	£340
Security	£450
Performance Rights	N/A
Trade Waste	£1,259
Hall Cleaning	Volunteer Hours
Accountant/Auditor	£400
Cleaning Materials/Cleaner	£500
Insurances	£3,500
Sundries	£400
Phone/Internet	£480
Utilities	£19,802
Rates	100% Rates Relief
Sanitary	£240

7.1.2 Please supply details of what funding you have received so far, and of any conditions attached to it.

No funding received so far, due to the short turnaround time of submitting the full CAT application.

7.1.3 Please supply details of any funding you have applied for but have not yet received a response or decision. Please include timescales if known.

Aldi Sports Fund: £1500- Volunteer/ coach training- unsuccessful but have reapplied.

Sport Scotland: currently working with them to look at funding, looking to remodel the gym to make it more accessible.

From our previous years of running our group, we have successfully managed to build our reserves to a level we feel comfortable with to take on the building through community ownership.

As a registered SCIO we will have access to overdraft and borrowing facilities with our bank.

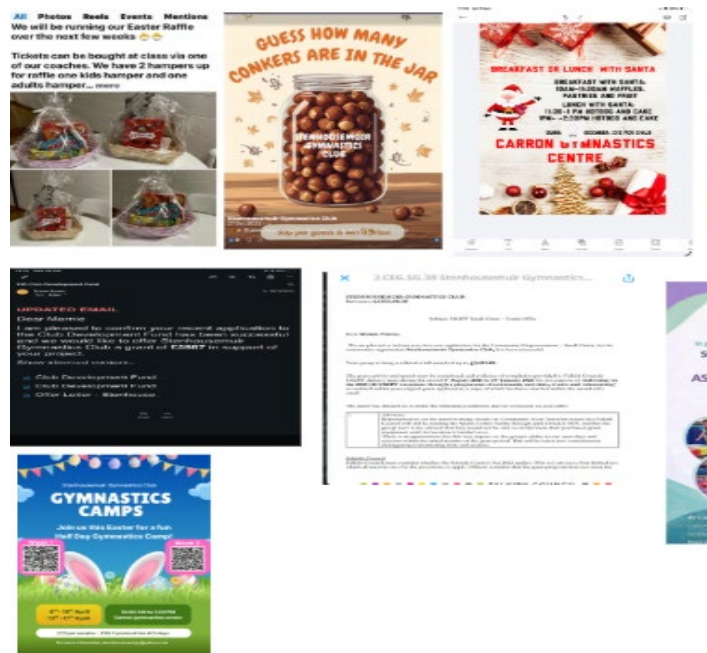
7.1.5 Please outline your funding strategy if you have one, as well as any other relevant information.

We recognise that there is a need to continually update and upgrade our facilities, and we keep up to date with the various funding opportunities available to us, thanks to our local third sector interface, CVS Falkirk & District.

We have a good track record of receiving funding and this experience will be valuable to us moving forward.

The fundraising team along with the committee are experienced in funding and completing funding application. The committee have already identified relevant funding opportunities and started to apply for funding.

- Funding to make the centre fully accessible
- Funding to make the building more energy efficient
- Funding for Training and upskilling for volunteers and coaches
- Funding for new equipment



## Section 8. Enablement Fund

Falkirk Council will hand the building over wind and watertight and compliant. However, this is quite light-touch and would involve (for example) patching of a leaky roof. For more significant building works, groups can apply to the Enablement Fund, to pay for capital improvements such as energy efficiency improvements or larger capital renewals which support the viability of the project going forward. **Only capital items are eligible.** Running repairs are revenue costs and are not eligible. You are

strongly advised to email [strategicpropertyreview@falkirk.gov.uk](mailto:strategicpropertyreview@falkirk.gov.uk) to confirm eligibility criteria before you submit this application.

Requests to the Fund must be supported by estimates / quotations from professionals which should be provided as supporting documents.

**Please provide details of your request to the Enablement Fund, if applicable.**

<b>Enablement Fund request for larger capital renewals which support the viability of the CAT</b>		
<b>Item</b>	<b>Estimate Provided By</b>	<b>Amount not more than (including VAT)</b>
Building Work	[REDACTED]	£107,880
Roof Replacement	[REDACTED]	£51,000
Lighting Controls	[REDACTED]	£2,400
Solar PV with Battery Storage	[REDACTED]	£43,632
Destratification Fans	[REDACTED]	£14,400
Heating and Cooling Controls	[REDACTED]	£9,600
Total including VAT		£228,912

### **Checklist of accompanying documents**

To check that nothing is missed, please tick which additional documents are accompanying this form.

- Section 1 – You must attach your organisation’s constitution, articles of association or registered rules
- Section 2 – Any maps, drawings or description of the land requested
- Section 3 – Note of any terms and conditions that are to apply to the request
- Section 4 – Any additional evidence regarding your proposals, their benefits, any restrictions on the land or potential negative consequences, and your organisation’s capacity to deliver.
- Section 5 – Evidence of community support
- Section 6 – Financial – Copies of accounts, forecasts, etc
- Section 7 – Funding – Copy of Business Case etc
- Section 8 – Enablement Fund – copies of estimates

## **Declaration**

Two office-bearers (board members, charity trustees or committee members) of the community transfer body must sign the form. They must provide their full names and home addresses for the purposes of prevention and detection of fraud.

This form and supporting documents will be made available online for any interested person to read and comment on. Personal information will be redacted before the form is made available.

**We, the undersigned on behalf of the community transfer body as noted at Section 1, make an asset transfer request as specified in this form.**

**We declare that the information provided in this form and any accompanying documents is accurate to the best of our knowledge.**

Name \_\_\_\_\_[REDACTED]

Address [REDACTED]

Date 30/03/25

Position Chair

Signature [REDACTED]

Name [REDACTED]

Address [REDACTED]

Date 30/03/25

Position Secretary

Signature [REDACTED]

## Appendix 4



[STENHOUSEMUIR  
GYMNASTICS CLUB]

Business Plan for Community Asset  
Transfer

WE ARE A COMMUNITY  
GYMNASTICS CLUB  
PROVIDING AFFORDABLE  
GYMNASTICS SESSIONS AT  
ALL LEVELS. OUR AIM IS TO  
PROVIDE A PROFESSIONAL  
GYMNASTICS PROGRAMME IN  
A SAFE, FUN AND ACCESSIBLE  
ENVIRONMENT TO ALL  
ABILITIES.

Version 2.7

March 26

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### **Conditional Survey**

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### **Quotes for Building Works**

### **Community Engagement Evidence**

### **Impact Statements**

### **Letters of Support**

### **Market Valuation of the Asset**

### **Fire Audit**

### **Floor Plan**

# Stenhousemuir Gymnastics Club

## Business Plan

### 1. Introduction/Executive Summary

---

#### 1.1. History of the Building/Area

Stenhousemuir Gymnastics Club is found at Carron Gymnastics Centre 2 Carronlea Drive, Falkirk FK2 8DN. The club was formed in 2018 by [REDACTED] (our Head Coach) and started in Larbert High School.

The Club moved into Carron Gymnastics centre 2019, following the refit of the Stenhousemuir Sports Centre to a purpose built, modern, well equipped gymnastics Centre. Since moving to the centre, the club has gone from strength to strength.

The Club continues to flourish and has big plans going forward.

#### 1.2 Aims

The group has been working together to form a plan of action, which has covered a variety of improvements to support our community, and ensure the continued provision of gymnastics in the local area:

- \* The provision of gymnastics
- \* Promote Physical Health and Fitness
- \* Foster Personal Development and Confidence
- \* Create Inclusive and Accessible Opportunities

Our current and future aims are:

- \* Expand Outreach and Participation
- \* Enhance Programme Offerings
- \* Sustainability and Growth
- \* Become a Hub creating a local Gymnasts Community

### 1.3 Proposal for Community Ownership

Our gymnastic centre has lacked in any programme to develop and drive usage, we believe that we have the necessary skills to manage our building and get the best for our community, and our gymnasts.

Our mission is to empower individuals of all ages and abilities through gymnastics by providing affordable, high-quality coaching in a safe, fun, and inclusive environment. We strive to foster personal development, promote physical health, and strengthen community engagement. As we look to the future, we aim to take community ownership of our facilities, expand our outreach, and enhance our program offerings to ensure long-term sustainability and growth.

We want to Community Asset Transfer the following Falkirk Council Property:

**Carron Gymnastics Centre, Carronlea Dr, Carron, Falkirk FK2 8DN.**

UPRN: **136023577**

We are unaware of any other interested parties in a community asset transfer of the above property.

We are unaware of any restriction on the use of the asset, designation, or listing, that would prohibit Falkirk Council from disposing of the asset

The proposed plan will keep the proposed asset in community usage, and we will strive to make it an ongoing success.

The current valuation of the building is £200,000; the current rental value of the building is £26,000 per annum. We propose to pay the purchase price of £1 for the property.

## 2. The Group status

---

The charity Stenhousemuir Gymnastics club and has the legal status of a Scottish charity

SCIO 2 tier

SCIO number SC054406

The centre will offer a full range of services including gymnastics for all ages and abilities. Initially it will be managed by volunteers from our membership group, however, we may in the future look at employing an individual to manage the development of the club and building.

We have Public Liability insurance for £5m annual cover.

We seek to purchase the building.

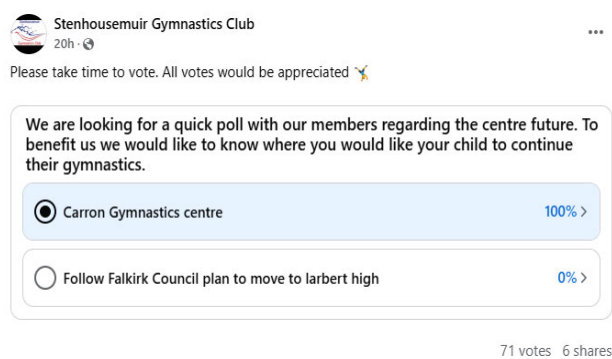
### 2.1. Exemptions

We will seek VAT exemption as a registered SCIO.

We will seek full rates relief.

We will seek exemption from water charges as a registered SCIO.

### 3. Community Engagement/ Consultation



Dec 24: We held a fundraising event at the centre, and we consulted with the parents/ carers of the gymnasts.

We signed up 20 plus parents who wanted to support the committee on taking over the Centre. All parents consulted were keen to stay at the club, due to the facilities and coaches.

#### Surveys

Numerous surveys have been shared via our social media:

SGC fb page: Survey to see what area our gymnasts live 87% within FC area, 3% outwith, 44 votes.

A survey to see if our gymnasts would like to move to Larbert High/ Mariner Centre or stay at Carron Gymnastics Centre: 100% voted to stay, 77 votes.

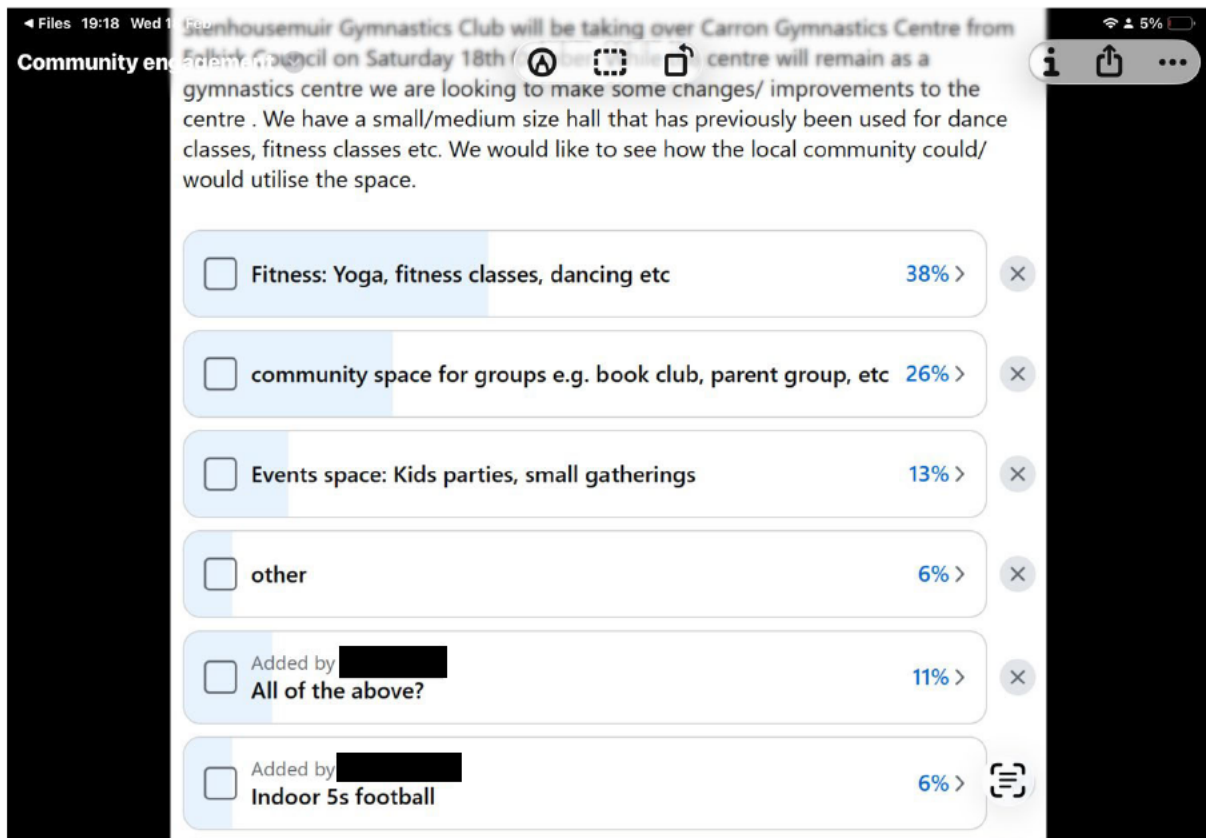
A survey shared via social media to ask local community how they would like to use our small hall. The survey collected over 80 responses with positive input and ideas including:

Community use for:

Groups such as mother and toddler, book group, kids' parties or small gatherings.

Health and well-being: gym, yoga, fitness classes, Pilates etc.

A survey was put out via social media to ask local community how they would like to use our small hall. The survey collected over 80 responses with very positive input and ideas including:



## Stenhousemuir Gymnastics Club:

Stenhousemuir gymnastics Club: Sign up of parents who support the club to keep Carron Gymnastics Centre (collected at Dec 24 open gym)

[NAMES AND CONTACT INFORMATION REDACTED]

Quotes from parents/ carers:

*"We come from Killin to this centre as it has the best equipment, and my son has made good friends. Coaches are good and the improvements in him is brilliant. Great to see him in action today as we normally only see him at competition"*

*"Think it's a disgrace to open up a gymnastics centre and then decide to shut it!"*

*"Would be great to keep the centre open, it's so handy as it has good parking and easy access".*

The gymnasts and other children attending the open gym were also surveyed and asked:

How many hours they trained:

How long they had been attending gymnastics:

What they liked about gymnastics:

This consultation was to look at how we could improve the club and the facilities. The feedback was positive, and the gymnasts (and potential gymnasts) highlighted they liked coming to the gym as they had made friends here, the coaches and volunteers were friendly and helpful and there was a

good sense of community. The facilities' such as the pits, sprung floor etc were great for trying new moves especially for the older gymnasts, the younger ones loved the pit and being able to learn new things.

The gymnasts are keen to try new disciplines, so we will use the feedback to look at new classes.

### Gymnast Survey: Classes

How long have you been doing gymnastics	How many hours do you train	What do you like most about gymnastics	New Classes you would be interested in trying	Feedback	Gymnast Name/ age
8 years	9	Learning new skills, socialising	Trampolining Tumbling		[REDACTED]11
7 years	7	Competing Floor	Display		[REDACTED]10
2 years	2	Vault and rings	Trampolining Tumbling		[REDACTED]10
			Trampolining Tumble		[REDACTED]7
3 years	2	Equipment, vault and floor	Trampolining Team gym Display Tumbling		[REDACTED] 8
	6	Fun and great to do gymnastics with other boys	Team gym Tumbling	Great Club/ class and Coaches	[REDACTED] 8 1/2
1.5 years	1	Foam pit	Trampolining		[REDACTED] 6
1 year	1	Forward rolls and bridges	Trampolining Team Gym Display Tumbling		[REDACTED] 6
1.5 years	1	Learning, beam and vault	Trampolining Team gym	I like all the coaches and new skills	[REDACTED] 11
3 years	1	Having fun	Display gymnastics Tumbling		[REDACTED] 7
6 months	1	Splits	Trampolining		[REDACTED] 5

		Conditioning	Tumbling		
2 years	2	Everything Especially floor	Trampoline Tumbling	Thank you for a fun night, great to see her skills	[REDACTED]9
5 years	2	Pbars Equipment Competing	Trampoline		[REDACTED]7
6 months	3	Shiny bar	Trampoline	Good Club	[REDACTED]11
2 years	7	Doing backflips Vault Love learning new skills	Trampoline	Amazing supportive coaches. I love coming here for gymnastic s	[REDACTED] 9
2 years	3	Rings	Trampoline Team gym Tumbling		[REDACTED]7
1 year	3	High bar	Trampoline Tumbling		[REDACTED] 9
3 years	4	Back handsprings Vault	Trampoline Tumbling		[REDACTED]8
5 years	7	Getting new skills	Display gymnastics		[REDACTED]12
11 years	7	Friends Training	Trampoline Display gymnastics Tumbling		[REDACTED]13
12years	7	Friends and new skills	Trampoline Display gymnastics		[REDACTED]
3years	10	Seeing my friends Learning new skills	Trampoline Display gymnastics		[REDACTED]12
6 years	10	Getting new skills	Trampoline Display gymnastics Tumbling		[REDACTED]11
5 years	6	Tumbling and floor	Trampoline		[REDACTED]13

			Display gymnastics		
6 months	1	Bars	Trampolining Team gym Display Tumbling		[REDACTED]7

Focus Group: Keen to put together a Youth Committee to feed into the Committee meetings

8 girls aged 11-14- Came together as they wanted to be involved with the planning and organising of events, fundraising etc.

- Currently volunteer within the club helping to support the coaches with the younger gymnasts
- Help plan the fundraising events
- Volunteer at the fundraising events
- Involved with making decisions:



## 4. Community Ownership Plan

---

### 4.1. Objectives/Local Community Benefits

We currently run our gymnastics programme from the gymnastics centre, where we train gymnasts to a high level. We also offer the opportunity for our gymnasts to gain coaching experience and qualifications

We work with the community, for the community. We will continue to develop partnerships with local organisations, service providers and community groups.

Our vision is to provide a community led space that helps deliver long-term, social, economic, sustainable and environmental benefits to the local community.

Our values are based on:

- Working in an inclusive and respectful manner, not discriminating against anyone
- Being a not-for-profit organisation and investing any surplus in the advancement of our facilities for our local community
- Being community led
- Intergenerational approach to serving all age ranges in the community
- Innovative and proactive approach to local people's needs

Our key objectives are:

- To offer the people of Falkirk and District, a quality gymnastics service and to build a successful community gymnastics hub giving it a financially secure future.
- To improve health and wellbeing of our community
- Provide increased social benefits
- Empower our community, families, and gymnasts
- Provide opportunity to gain coaching qualifications and experience
- Provide a space for children to help alleviate child poverty in the area

### 4.2. Correlation with Falkirk Council Objectives

The Group will carry out all its activities with the Falkirk Plan 2021 – 2030, at the forefront of our minds when our strategic priorities are agreed upon, wherever practicable, with reference to page 21, 'outcome 12: fewer people struggle with feeling socially isolated or lonely.'

Policy/Plan:	Priorities:	Actions:	Outcome/Indicator:	Our Contribution:
The (Falkirk) Council Plan 2022-2027	Supporting stronger and healthier communities:  Local communities will build on their energy, knowledge and	Falkirk Council will Encourage and support local third sector organisations to increase and develop community owned assets through the management and operation of community	More communities taking control over the places they meet in (asset transfers);  More anchor organisations	Engaging with relevant organisations – Falkirk Council, CVS Falkirk, COSS etc – to take advantage of the support offered during this process and to ensure our planning for CAT is as robust and sustainable as possible and to build the capacity of

	<p>expertise to shape and create neighbourhoods to be proud of and services that meet their needs.</p>	<p>halls, centres and other public assets available for community transfer;</p> <p>Provide support to community projects and partner agencies to help with transforming/improving local areas and amenities for the benefit of local communities.</p>	<p>established in communities.</p>	<p>our group for what the future holds.</p> <p>Through community ownership we are working towards becoming a local gymnastics hub, rooted in serving our community. We aim to offer our services and activities are available for our community for many years to come. We are building our knowledge and skills in finding and securing funding that can be brought to our community, for their benefit, through our organisation.</p>
<p>Falkirk Health and Social Care Partnership Strategic Plan 2023-2026</p>	<p>Community-based services;</p> <p>Early intervention and prevention.</p>	<p>Enhance services to improve the 'flow' through hospital settings, prevent admission, and promote independent living;</p> <p>Minimise the harm of long-term health conditions, ill mental health, substance use or neglect through early action.</p>	<p>People have the opportunity and choice to access local services and supports, which will enable them to live well in the community. This will include a range of options, from informal community supports through to statutory services, designed and delivered through collaboration between health and social care professionals, third sector partners and communities. These services and supports will be person-centred, helping people to improve and maintain their health, wellbeing and quality of life.</p>	<p>Early intervention and prevention will support many activities: including physical activity whilst engaging in gymnastics, and other related fitness activities, other organisations will be able to use our space for their activities.</p> <p>Stenhousemuir Gymnastics Club will be a central gymnastic hub and will provide information for people in the community through easily accessible signposting information, leaflets, working with partners to bring information to people in the community space they frequent.</p>
<p>The Falkirk Plan 2021-2030</p>	<p>Community-led organisations are stronger and more independent (T1/O2);</p> <p>More decisions are made together at local level (T1/O3);</p>	<p>Work with local community bodies to widen opportunities to access funding, and help them apply for funding;</p> <p>Improve pathways for communities to access Community Asset Transfer and Participation Requests</p>	<p>Funds invested in communities by partners;</p> <p>There will be successful completed Community Asset Transfers/Number</p>	<p>We have strengthened our organisation by becoming a SCIO, engaging with support offered, getting the backing of our community through engagement and collaboration. The board plan to undertake training such as digital training with external training providers such as Business Gateway. This will</p>

	<p>Social, community and economic planning focusses on place, and reflects the needs and aspirations of the people that live there (T1/04);</p> <p>People of all ages have equal opportunity to access digital services and have the skills and confidence to safely participate online (T2/05)</p> <p>Individuals and families affected by poverty have access to joined-up, multi agency support services, and know how and where to access them (T2/07);</p> <p>Fewer people struggle with the costs of food, fuel, and transport (T2/08);</p> <p>Fewer people struggle with feeling socially isolated or lonely (T3/012).</p>	<p>and promote these tools to community bodies.</p> <p>Support Anchor /Hubs/ community organisations to set up and /or develop across Falkirk.</p> <p>Improve digital inclusion amongst young people and families in the most deprived areas, and within priority groups.</p> <p>Work with the third sector to create mechanisms to identify people that may be experiencing poverty but are not known to the system.</p> <p>Ensure people have access to affordable food, including emergency food provision.</p> <p>Improve support and activities targeted at groups at higher risk of feeling isolated or lonely, and increased awareness of support and opportunities available.</p>	<p>of Asset Transfers across Partners.</p> <p>Number of activities targeted at vulnerable groups.</p>	<p>strengthen our Board and make it more reflective of the community we live in through open recruitment and engagement events.</p> <p>By taking ownership of our community asset, this will strengthen the ability to meet the health and wellbeing needs of the people that live in the local area, increased opportunities for local volunteering, participation, and support.</p> <p>We will have Wi-Fi in our building for the local community to access which will improve digital inclusion and employability opportunities for the local community.</p> <p>By providing a local facility, the people in the area will receive help from services they would otherwise have to travel to. This will make it far more accessible to the local community.</p>
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### 4.3. About the Asset

We will operate from Carron Gymnastics Centre, 2 Carronlea Drive, Falkirk.



### Car Park Access



## 4.4. Initial Development Plan

Our future plans are to increase revenue, and the use of the facility.

We aim to introduce treatment facilities, such as physiotherapy, sports massage, etc, which would be provided to our gymnasts and to members of the public at an affordable cost.

We aim to rent out our space for fitness and dance classes, which would allow our local community to engage in other activities out with gymnastics.

Other plans would be to introduce a Gym/ Fitness Studio. This would be in our small hall which could be converted to a gym which would again benefit our gymnasts training. The gym could also be utilised by community for a membership fee.

Elite training: Classes and training could be provided to gymnasts and for coaches. This would be high calibre training for our gymnastic community.

We would look to increase and adopt new disciplines: new disciplines offered either by training the coaches we currently have, or by bringing in coaches from other clubs.

## 4.5. Prices and Margins

We have carried out extensive checks on the prices being charged by my main competitors and have based our prices on being competitive with them. The attached Financial Appendices show that this pricing structure will allow us to make sufficient income to successfully run the building. ☒

Our forecasts are based on the following sample prices and costs for the most popular products and services:

Service	£
Gymnast Space	£6 per hour
1-to-1 Coaching / Small Group	£10-25 per hour
Full Gym Hire	£25

Our forecasts for 2025/2026 are based on the services that we provide, with a revised increase in the let price which will be agreed upon at our AGM.

#### 4.6. Measuring Performance

We will measure the usage of the gym, and our membership numbers, on a monthly, quarterly and yearly basis, against our aims to increase usage by 20% over the first 2 years, and work on maintaining and increasing our membership numbers.

We will keep records of the number of people who attend our facility, our membership levels, the number of people engaging with us on social media and website users.

We will monitor our social impact by collecting information on the demographics of our gymnasts, coaches, and volunteers, gathering feedback in terms of health and social benefits of users. We will keep records of feedback to measure the impact our services have on the local community.

#### 4.7. Potential Negative Consequences

We have considered potential negative consequences of the group taking over the building through Community Asset Transfer as:

- Costly repair work is required for the building we will need to fund
- Utility costs are high for the building, and we understand the risk of these increasing
- There is a risk of us not being able to attract enough business to ensure the hall is able to continue
- We understand there is a lot of volunteering work required for our proposal to work and are reliant on there being a continued involvement from the community to help with this
- Increase in the level of traffic due to increased usage of the hall
- Increase in the level of noise pollution due to the increase in usage of the hall

We foresee no external Negative Consequences for the wider community, as we are maintaining the gymnastic centre as a going concern with no planned change of use.

## 5. Community Benefit

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The current valuation of the building is £200,000; the current rental value of the building is £26,000. Falkirk Council will carry out essential repairs to ensure that the building is wind and watertight, and statutorily compliant. We expect to have to carry out additional repairs in the value of £205,750, according to the conditional survey, over the next 5 years, to bring the building up to an acceptable standard and fit for purpose. We propose that the community benefit that we can provide is £867,332 over the next 5 years. In the first year, we will be able to provide community benefit to the value of £169,027. We propose that the direct savings to Falkirk Council over the next 5 years will be £192,303. We propose to pay the value of £1.

**We will endeavour to put in place relevant permissions, funding, and partnerships during the asset transfer process.**

Our club will continue to provide volunteering opportunities, where we will work with the local high schools to provide volunteering opportunities within the club.

Coaching: our young leaders will gain qualifications and experience.

Social Media: we would have volunteer opportunities to help with the promotion of the club, promotion of classes, events, and sponsorship opportunities.

Event Planning: our volunteers will help to organise competitions, work on displays, open gym days, and training events.



### 5.1. Volunteer Hours

Our proposal for Community Asset Transfer relies on the work and dedication of local volunteers. We have calculated the value our volunteers will bring to the first five years of the project. A rate of £40/hour has been set for board duties which include attending meetings, writing funding applications, working on the CAT process and business plan. A rate of £14/hour has been set for our coaching roles. The Real Living Wage of £12.60/hour has been set for other volunteering duties such as opening/closing the building, cleaning, administration tasks, etc.

(Calculation for Years 2-5 are using an inflationary increase of 3.5% per annum).

Volunteer Hours	Hour	Year 1	Year 2	Year 3	Year 4	Year 5	Total
	s						
<b>Board of Trustees (£40/Hour)</b>	375	£15,000	£15,525	£16,068	£16,630	£17,212	<b>£80,436</b>
<b>Coaches (£14/hour)</b>	1,584	£22,176	£22,952	£23,755	£24,586	£25,447	<b>£118,918</b>
<b>Volunteers (£12.60/Hour)</b>	1,910	£24,066	£24,908	£25,780	£26,682	£27,616	<b>£129,053</b>
<b>Total</b>	<b>3,869</b>	<b>£61,242</b>	<b>£63,38</b>	<b>£65,603</b>	<b>£67,900</b>	<b>£70,275</b>	<b>£328,405</b>

5

## 5.2. Health and Social Benefits

Our plan for Community Asset Transfer will benefit the public health and social wellbeing in the area. (Calculation for Years 2-5 are using an inflationary increase of 3.5% per annum).

Community Benefit	Impact	Total
<b>Economic development /income generation</b>	<p>Our Gymnastics Club provides essential services that might otherwise be inaccessible due to the financial constraints of our local community. We are a volunteer-run club, and the opportunities we provide to volunteers help residents develop new skills and gain valuable work experience.</p> <p>Volunteering can serve as a stepping stone to future employment, enhancing the employability of individuals and contributing to the overall skill level of the community. Offering educational and training programmes can help bridge the gap for those who are not in full-time education or employment.</p> <p>We also give young people the chance to work towards their coaching certificates, providing them with a structured pathway to develop their skills and gain formal qualifications. This not only enhances their personal development but also contributes to the sustainability of our club by nurturing future coaches and leaders within the community.</p> <p>Our Gymnastics Club fosters social cohesion and well-being, which are essential for a thriving economy.</p>	<b>£40,218</b>
<b>Regeneration</b>	<p>By taking community ownership of the Gymnastics Centre, we will look to regularly maintain the interior and exterior of the facility. We will paint the exterior to improve the aesthetic of the centre. This initiative will ensure that the building does not become derelict and neglected, which can be an eyesore and a safety concern in the middle of a residential area. By keeping the Gymnastics Centre well-maintained, we will contribute to the overall appearance and safety of the neighbourhood, fostering a sense of pride and community among residents.</p>	<b>£57,284</b>
<b>Public Health</b>	<p>By improving the overall health of our community, our Gymnastics Club aims to help ease the pressure on public and social services, and on other facilities. The physical activities we provide for children of different age groups help maintain physical health</p>	<b>£241,310</b>

and mobility for all those who attend them. Together, these benefits contribute to a healthier, happier, and more connected community. When individuals have access to programmes that support their physical and mental health, they are less likely to require intervention from public services. This proactive approach to community health not only benefits individuals, but also reduces the burden on public resources, allowing them to be allocated more effectively to areas where they are needed the most. Regular physical activity can reduce stress, improve mood, and provide a sense of purpose, which can decrease the reliance on health services.

Previous research undertaken by British Gymnastics shows that many children drop out of the sport by age eight or nine with only 15% of total participants remaining active by the age of 16.

We are currently looking at how we can encourage gymnasts to either continue with the sport or look at other pathways such as volunteering.

We aim to work with and encourage our older gymnasts to volunteer and help support the younger gymnasts, gain qualification and experience while still training, or towards the end of their training. All our volunteers are encouraged to register their volunteer hours with Saltire awards.

## Social Wellbeing

The activities and social interactions facilitated by our Gymnastics Club will contribute significantly to both the mental and social wellbeing of our community. We provide a safe space for the local community to meet and engage with each other through our training sessions, activities, and events.

Offering volunteer opportunities within the Gymnastics Club can enhance social cohesion and provide residents with a sense of purpose.

Volunteering can help individuals develop new skills, gain confidence, and feel more connected to their community.

By facilitating intergenerational activities, the club can bridge the gap between different age groups.

Intergenerational activities can foster mutual understanding and respect and provide opportunities for learning and mentorship.

We will provide holiday provision, which will include free places to families who are highlighted by our schools and partners. We will also offer childcare for working parents during school holidays.

**£158,192**

<b>Environmental Wellbeing / Environmental Benefits</b>	We plan to continue to work in an environmentally conscious way to reduce our carbon footprint on the environment and local community. We will look to implement energy-efficient technologies and sustainable practices so the Gymnastics Centre can reduce its environmental impact. We can engage the community in environmental initiatives, such as clean-up drives in the local area, tree planting events, and active recycling programmes. These activities can foster a sense of community pride and responsibility, encouraging residents to take an active role in protecting their local environment.	<b>£46,921</b>
<b>Total</b>		<b>£538,927</b>

### 5.3. Direct Council Savings

The below table highlights how our plans for community asset transfer will ensure savings of Falkirk Council. (Calculation for Years 2-5 are using an inflationary increase of 3.5% per annum).

<b>Direct Savings</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Year 5</b>	<b>Total</b>
<b>Utilities</b>	£17,870	£18,495	£19,142	£19,812	£20,506	£95,827
<b>Insurance</b>	£1,973	£2,042	£2,114	£2,188	£2,264	£10,580
<b>Maintenance Costs</b>	£16,018	£16,579	£17,159	£17,759	£18,381	£85,896
<b>Total</b>	<b>£35,861</b>	<b>£37,116</b>	<b>£38,415</b>	<b>£39,759</b>	<b>£41,151</b>	<b>£192,303</b>

## 6. Market

### 6.1. Market Research

Our target market will be local community interested in Gymnastics, and they will be located primarily but not limited to the Falkirk Council Area.

We plan to specifically target:

- 48 Primary Nursery School Falkirk Council: We will work hard to reach out and offer gymnastics to all who would like to try it.
- 9 High Schools: We will reach out and engage with schools to offer every young person a chance to try gymnastics, coaching or volunteering.
- Gymnastics: 0-16 years

## 6.2. Products and Services

The gymnastics centre will offer the following range of services:

- Gymnast Membership
- General Purpose Room
- Full Gym rental

All levels of gymnastics will be offered for all ages and abilities. The club will aim to work with schools, groups, and partners to offer gymnastics to anyone who would like to take part.

This can include, mothers and toddlers, ASN groups, nurseries, Primary and High school students. Our partners at Falkirk Council, and other services, can refer young people who would be offered reduced or free training.

We plan to operate ASN friendly sessions on a Sunday morning, with the afternoon reserved for kid's parties, where the full gymnastics centre will be available for hire.

## 6.3. Competitor Analysis

Competition will come from the other similar businesses/organisations including:

- Falkirk School of Gymnastics
- Forth Valley Gymnastics
- Falkirk Council

We have thoroughly researched the above and believe that our proposal is cost effective, generating sufficient income to build and maintain a viable facility.

We believe that we will differentiate from the above competitors by providing:

High quality gymnastics, within a high-quality facility which will support not only the gymnasts themselves, but also help to offer volunteering opportunities, upskilling and progression through the stages.

The Club has engaged with Scottish Gymnastics who will support us to provide the above services and to continue to improve our offering.

## 6.4. SWOT Analysis

Strengths	Weaknesses
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<ul style="list-style-type: none"> <li>• A local community invested in the organisation and its vision for the future.</li> <li>• Supported by Scottish Gymnastics</li> <li>• Partnerships with other clubs within the area and other areas.</li> </ul>	<ul style="list-style-type: none"> <li>• Reliance on volunteers to run the organisation and the many tasks needed to ensure its success.</li> <li>• Reliance of funding for upgrades etc.</li> </ul>
<b>Opportunities</b>	<b>Threats</b>
<ul style="list-style-type: none"> <li>• Expanding to partnerships with other community groups, schools, and charities.</li> <li>• Ability to introduce new disciplines</li> <li>• Competitions and training opportunity (Scottish Gymnastics have expressed an interest in holding events)</li> </ul>	<ul style="list-style-type: none"> <li>• Decline in participation in gymnastics.</li> <li>• Volunteer recruitment and retention</li> <li>• Event like Covid (shutting down for extended periods of time)</li> <li>• Falkirk Council gymnastic provision</li> </ul>

## 6.5. Marketing Strategy

Girls Gymnastics: We are fortunate that we do not need to actively seek membership for girls' gymnastics at present as we currently have a waiting list for some of our classes due to high demand and limited facilities and coaches. Within the boys' club we have some spaces, and we are already actively promoting classes to attract more boys to the club with open evenings, trials etc.

Following successful recruitment of new coaches, up skilling of our current coaches and volunteers we have been able to increase our classes.

With the transfer of the gymnastics centre, and Falkirk Council withdrawing the services that they operate from our centre, this will open up additional time slots so that we are able to expand our membership, and offer new and different classes., we will be able to actively grow our user base by working with local schools, clubs and organisations. We will be able to increase the usage of the building offering more disciplines, more flexibility for classes and increase the number of hours gymnasts can train with options of 1-2-1 training, focused sessions and providing fitness and conditioning as part of the training. We will increase coaching levels and volunteering opportunities within the club. As well as promoting Health and wellbeing, physical activity, and fitness we aim to support young people to up skill and be part of the decisions being made as well as providing them with training and qualifications within the club.

We have a strong social media presence with over 700 followers on Facebook. We consistently post updates on club activities and achievements across our age groups, upcoming events, and other reports from our gymnasts. This in turn attracts new members to our club through word of mouth and social media shares.

We aim to produce our own website that will aim to drive membership and provide a landing space for those who are interested in getting involved.

We have close ties with the local business community who continue to support us financially through sponsorship as well as recommending us to individuals seeking membership of a gymnastics club.

We aim to collaborate with local schools to help them run gymnastics activities, which indirectly markets and advertises our organisation to potential new members. We will provide taster sessions for school children. We will also look at engaging with children who are not actively participating in mainstream schooling.

We will advertise our services on Scottish Gymnastics website, and periodically in the local Falkirk Herald. We plan to have a business presence on various social media platforms, including Facebook, Instagram, etc.

We will launch our own website. Booking system launch March 2026

We will work in partnership with Falkirk Council to provide a pipeline of training and support for all gymnasts, so that they are able to access the higher levels of coaching that we are able to provide in the Falkirk area.

Beginner- advanced- competition- Elite

We will order a supply of leaflets and professionally produced business cards, which will be displayed in the various local surrounding businesses.

We aim will be to establish a regular membership and benefit from word-of-mouth recommendations. We will also introduce the following promotional activities to market the services of our gym, including:

- Seasonal and other promotions such as free open days.
- Free offers of coaching as a competition prize on social media.

## 7. People

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### 7.1. Board of Trustees

The board have a varied skill mix with a wide range of skills and experiences, that includes students, full-time professionals, and retired individuals.

Our backgrounds span different industries, ensuring a well-rounded perspective in decision-making. Comfortable in public settings, the board actively takes part in meetings and engages with the community. We communicate effectively, whether addressing large audiences, or having those one-on-one conversations. The board supports causes that help the local area and our residents. Our trustees bring project experience, enabling us to oversee initiatives efficiently. Our ability to plan, execute, and evaluate projects ensures successful outcomes. Our experience in negotiation, collaboration, and strategic planning enhances the hall's operations. Our charity trustees handle costings and budgets adeptly. Our financial acumen ensures responsible resource allocation, where several trustees have successfully run their own profitable businesses. Our entrepreneurial insights contribute to sustainable practices and financial stability. The board keeps valuable connections with skilled professionals such as joiners, builders, plumber, heating engineer, and electricians – these contacts prove invaluable for maintenance and improvement projects.

[REDACTED] SGC Chair

Currently works for CVS Falkirk and District as a Participation and Engagement Manager and has relevant experience in working with communities, including Community groups, charities, and social enterprises.

Skills include:

Community engagement

Identifying relevant Funding/ funding applications

Partnership work

Former gymnast and coach

Families Support: Worked with families experience a range of issues including poverty, homelessness, mental Health issues, unemployment etc.

Youth support: Worked with Young people within school setting and youth Club. Currently mentors' young people through MCR Pathway

[REDACTED] Secretary: Skills include:

- Trained coach
- Social media
- Organisational skills: managing the overseeing of all the classes, competitions, and events.

Treasurer: [REDACTED] is a Physics Teacher in a High school

- Organised
- Finances: currently moving our payment system onto a new more efficient system

Funding Team: Have relevant experience in

- organising large events
- Planning fundraising events and activities
- Social media skills

The team has been working on several activities including

- Open Gym: Event which raised £1,500 over the Xmas period will now be run 4 x a year as feedback from the attendees was that it was very enjoyable and was great to see their children in the gym.
- Raffles
- Parents night/ display evening
- Competitions: including in house and invite only competitions

We will draw on the skills and experiences of the wider membership of our organisation

Our Treasurer will carry out the necessary record keeping using an online accounts system and we will use one of our members to maintain our accounts for OSCR.

## 8. Finance

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### 8.1. Costs

We have shown our required ongoing running costs in the tables below.

#### Running Costs

Item	Cost/Year
PAT Testing	£120
Fire Extinguishers	£340
Security	£450
Performance Rights	N/A
Trade Waste	£1,259
Hall Cleaning	Volunteer Hours
Accountant/Auditor	£400
Cleaning Materials/Cleaner	£500
Insurances	£3,500
Sundries	£400
Phone/Internet	£480
Utilities	£19,802
Rates	100% Rates Relief
Sanitary	£240

### 8.2. Reserve Levels

We estimate the need for reserves at £17,500 which we will keep throughout the year.

#### Bank account

Bank Of Scotland

### 8.3. Cash Flow

A Monthly Cash Flow Forecast has been prepared for the first 5 years of trading and is detailed in the Financial Appendix.

### 8.4. Funding Strategy

The fundraising team along with the committee are experienced in funding and completing funding application. The committee have already found relevant funding opportunities and started to apply for funding.

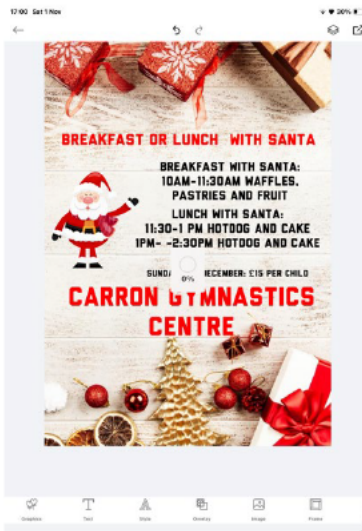
- Funding to make the centre fully accessible

- Funding to make the building more energy efficient
- Funding for Training and up skilling for volunteers and coaches
- Funding for new equipment

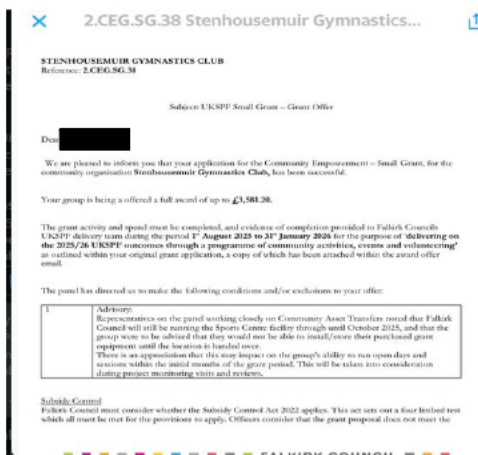
All Photos Reels Events Mentions

We will be running our Easter Raffle over the next few weeks 🍀🍀

Tickets can be bought at class via one of our coaches. We have 2 hampers up for raffle one kids hamper and one adults hamper.... more



We hope you all had fun with your family and friends, we can't wait for the next one 🤗🤗... more



### 8.5. Enablement Fund

We are applying for £228 912 to carry out significant capital improvements to the property in terms of roof, heating, reconstruction of the areas within the centre to create separate access to the small

hall and create another meeting space which will transform our energy efficiency/ support the viability of the project going forward.

This represents the full cost as provided by professional contractors (quotes have been submitted as part of our CAT application).

However, we will continue to research and apply for 3rd-party match funding to go towards funding these works. If we are successful, this would reduce the amount of Enablement funding required and we would inform the Council promptly to allow funds to be reallocated in a timely manner.

#### Enablement Fund request for larger capital renewals which support the viability of the CAT

Item	Estimate Provided By	Amount not more than (including VAT)
Building work. joiners	[REDACTED]	£107,880
Roof replacement (partial as we have 3 different parts).	[REDACTED]	£51 000
Energy improvements.	[REDACTED]	£70 032
Total Including VAT		Total £228 912

## 9. Summary

This document is the written request of Stenhousemuir Gymnastics Club who are making a formal asset transfer request, made under Part 5 of the Community Empowerment (Scotland) Act 2015 section 79(2)(b)(i).

The Charity offers Falkirk Council £1 to purchase the Carron Gymnastics Centre. The basis of this offer is:

- Market value has been assessed by Shepard Commercial as £200,000, and rental value as £26,000.
- The community benefit of the Charity's work over five years is estimated at £867,332.

Falkirk Council will carry out essential repairs to ensure that the building is wind and watertight, and statutorily compliant.

We expect to have to carry out additional repairs in the value of £205,750, according to the survey, over the next 5 years, to bring the building up to an acceptable standard and fit for purpose.

Name of Community Group:  
Stenhousemuir Gymnastics Club

Contact: [REDACTED]

Address: [REDACTED]

Email: [REDACTED]

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## COMMUNITY ASSET TRANSFER

## ASSESSMENT PRO-FORMA

Name of property	Name of group	SCIO number or equivalent	Sale or lease	Length of lease	Rental per annum (or outright cost)
Carron Gymnastics Centre	Stenhousemuir Gymnastics Club	SC054406	Sale	N/A	£1
<b>APPLICATION DETAILS</b>				<b>ADDITIONAL COMMENTS</b>	<b>ASSESSMENT RATING Very Strong / Strong / Moderate / Weak / Poor</b>
<b>BENEFITS (OUTCOMES)</b>					
1. Objectives	Do project outcomes contribute to achieving the Council's priorities?	The project aligns with all of the Council's Strategic Plan priorities of supporting stronger and healthier communities; promoting opportunities and educational attainment and reducing inequalities; and supporting a thriving economy and a green transition.		Supporting stronger and healthier communities is at the heart of community ownership	Strong
2. Financial	Is there a financial saving on public sector costs?	An asset transfer of the property will generate an estimated annual revenue saving of £69,430 to the Council			Strong
	Is there an enhanced provision of public benefit through volunteering hours?	They estimate they generate 3,869 volunteer hours per annum  Generating a financial equivalent of over £328,405 public benefit over 5 years			Strong
	Current market valuation of the property whether by sale or rent	£200,000 market value £26,000 per annum market rent			
	Backlog maintenance figure from C&B report	£554,422			
3. Non-financial benefits	What is the impact on:				
	(i) economy	<p>As a volunteer-run club, they provide opportunities to volunteers, helping them to develop new skills and gain valuable work experience. Volunteering can serve as a stepping stone to future employment, enhancing the employability of individuals and contributing to the overall skill level of the community</p> <p>The group states that they give young people the chance to work towards their coaching certificates, providing them with a structured pathway to develop their skills and gain formal qualifications. This not only enhances their personal development, readying them for the job market, but also contributes to the sustainability of the club by nurturing future coaches and leaders within the community.</p> <p>They state that they work with and encourage their older gymnasts to volunteer and help support the younger gymnasts, gain qualification and experience while still training, or towards the end of their training. All the volunteers are encouraged to register their volunteer hours with Saltire Awards.</p>			Strong
	(ii) regeneration	The group state that by taking community ownership of the Gymnastics Centre, they will look to regularly maintain the interior and exterior of the facility. They intend to paint the exterior to improve the aesthetic of the centre. This initiative will ensure that the building does not become derelict and neglected, which can be an			Moderate

	<p>eyesore and a safety concern in the middle of a residential area. By keeping the Gymnastics Centre well-maintained, they will contribute to the overall appearance and safety of the neighbourhood, fostering a sense of pride and community among residents.</p> <p>Proposed upgrades to the building will have good regeneration outcomes including significantly reducing electricity costs to make the business more viable:</p> <p>New roof to improve thermal performance Solar panels with battery storage Destratification fans Lighting, heating and cooling controls</p>		
(iii) public health	<p>It is well established that involvement in sport contributes towards good wellbeing of participants. The group state that by improving the overall health of their community, the Club aims to help ease the pressure on public and social services, and on other facilities.</p> <p>The physical activities they provide for children of different age groups help maintain physical health and mobility for all those who attend them. Together, these benefits contribute to a healthier, happier, and more connected community.</p> <p>When individuals have access to programmes that support their physical and mental health, they are less likely to require intervention from public services. This proactive approach to community health not only benefits individuals, but also reduces the burden on public resources, allowing them to be allocated more effectively to areas where they are needed the most.</p> <p>Regular physical activity can reduce stress, improve mood, and provide a sense of purpose, which can decrease the reliance on health services.</p>		Moderate to Strong
(iv) social wellbeing	<p>Engaging in health and fitness activities in a community setting helps participants feel more connected within their networks, helping to combat social isolation.</p> <p>The group states that activities and social interactions facilitated by the Club will contribute significantly to both the mental and social wellbeing of their community because they provide a safe space for the local community to meet and engage with each other through training sessions, activities, and events. Offering volunteer opportunities within the Gymnastics Club can enhance social cohesion and provide residents with a sense of purpose. Volunteering can help individuals develop new skills, gain confidence, and feel more connected to their community.</p> <p>By facilitating intergenerational activities, the club can bridge the gap between different age groups. Intergenerational activities can foster mutual understanding and respect and provide opportunities for learning and mentorship.</p>		Strong
(v) environment / climate change (including figures on carbon dioxide equivalent)	<p>Building works to reduce carbon emissions are proposed including</p> <p>Roof replacement Lighting controls</p>		Moderate

		<p>Solar PV with battery                  Destratification fans                  Heating &amp; cooling controls</p> <p>The Community Asset Transfer of Carron Gymnastics Centre would have a positive impact on the Council’s organisational 2030 net zero target by reducing the emissions generated from electricity, gas and water consumption by 4.39 tons of carbon dioxide equivalent, based on 2024 figures.</p>		
	(vi) other			
4. Equality	What evidence is there that the project:			
	(i) contributes to reducing inequalities (protected characteristics)	<p><b>The group have completed an EPIA Questionnaire which will be used in the creation of the EPIA</b></p> <p>The group states that their mission is to empower individuals of all ages and abilities through gymnastics by providing affordable, high-quality coaching in a safe, fun, and inclusive environment.</p> <p><b>Affordability:</b> The group states that by providing a local facility, the people in the area will benefit from services they would otherwise have to travel to. This will make it far more accessible to the local community. The facility is on a bus route that people under 22 will be able to access free of charge and they also have car parking facilities. They will provide holiday provision, which will include free places to families who are referred by schools and partners. They will also offer childcare for working parents during school holidays.</p> <p><b>ASN: working with parents and services to provide space/ opportunities for children, adults and families with ASN</b>                  The Club is committed to creating an inclusive environment for children, young people, and families with Additional Support Needs (ASN). They state that they work closely with parents and relevant services to provide safe spaces and tailored opportunities that enable participation in gymnastics at a level suited to individual abilities. While gymnastics requires a degree of physical capability, they recognise and support a range of needs, including those that may be hidden or undisclosed</p> <p><b>The Club welcomes children and young people regardless of their ethnicity</b> — ethnicity doesn’t affect the interest, commitment, nor talent in gymnastics that will help them thrive in the Club. Currently they support a number of gymnasts who we are aware come from BAME backgrounds, that number may be higher where families have not shared this information with the Club. They actively encourage young people of all ethnicities to join the Club.</p>		Moderate
	(ii) Promotes equality	<p>The group states that the Club takes proactive steps to ensure that financial barriers do not prevent children, young people, or families from participating in gymnastics. They offer reduced fees for siblings and provide support to individual families where they identify or are made aware of financial hardship, through</p>		Moderate

		<p>subsidising, waiving fees and using funding through Scottish Gymnastics Hardship Fund. They also offer reduced cost per hour for our gymnasts who do more than 3 hours a week to try to reduce barriers. They state that these matters are always handled discreetly to protect dignity and avoid any embarrassment. By doing so, they aim to make gymnastics accessible to everyone in the community, regardless of their financial circumstances, and ensure that cost is never a reason for exclusion.</p>		
<b>ABILITY TO DELIVER / SUSTAINABILITY</b>				
5. Governance / Accountability	Are appropriate governance structures in place?	<p>Yes.</p> <p>Yes. <b>Stenhousemuir Gymnastics Club</b> is making the request as a Scottish Charitable Incorporated Organisation (<b>SC054406</b>) with a suitable Community led membership and properly formed Board of Trustees, as required by Part 5 of the Community Empowerment Act (Scotland) 2015 (referred to hereinafter as “the 2015 Act”).</p> <p>In terms of Governance, the 2015 Act sets out requirements for Community Transfer Bodies (CTB). The group’s constitution is consistent with the Scottish Government model SCIO template which is considered to meet the requirements of the legislation and for the Group to enter the proposed ownership arrangement.</p> <p>The Group’s charitable purposes are defined as  <i>“The provision of recreational facilities or the organisation of recreational activities.</i>  <i>The advancement of public participation in sport.”</i></p>		Strong
6. Availability of Resources / Business Plan	Has the group identified all the resources required, such as funding, staff and volunteer resources with the appropriate skills, and are they sufficient to deliver the project?	<p><b>The track record demonstrated by the Trustees suggests that they are sufficiently skilled to make a success of the community asset transfer. The club has been in operation since 2018, based initially at Larbert High School, relocating to the current premises the following year. It has continued to go from strength to strength under the stewardship of the Head Coach and a strong Board. The group has proved it can successfully run the building, having been in sole charge since the Council withdrew operations on 18th October 2025, under a Full Repair and Insuring Licence.</b></p> <p><b>Funding</b> The Chair works in the community development sector and has experience supporting Community groups, charities and social enterprises with funding applications, and has a strong personal track record of securing funding in her previous voluntary roles. The group have recently received constructive feedback on an previous funding application to the Aldi Sports Fund and will be re-applying. They are currently in conversation with SportScotland about funding to remodel the gym to make it more accessible.</p> <p><b>Staff</b> The group is currently entirely volunteer led but may in the future look at employing someone to manage the development of the club and building.</p>		Strong

		<b>Volunteers</b> The group estimates that their volunteers provide <u>3,869 hours of work annually to keep the facility running.</u>		
7. Sustainability	Has it been demonstrated that the resources are sustainable over the lifetime of the project?	<p>To aid the long-term sustainability of the Club and to mitigate the risk of declining volunteer numbers, they are pro-actively training up the older members to get their coaching qualifications.</p> <p>The cashflow shows an overall positive position. Forecasted income in every year is greater than expenditure proving a positive cash balance in every year. Opening cash balance of £11,000 and a grant of £700 provides a good start in Year 1. The closing bank balance continues to grow over the 5 years ending with a balance of £75,495. Its usually recommended that organisations have reserves of at least 3 months cash flow to be prepared for any exceptional expenses and this is demonstrated in these figures. If all the income forecast is achieved, and the expenditure is as predicted the gymnastics club will have a stable foundation</p>		Strong
8. Performance Management	How does the group propose to monitor and report on the achievement of the desired outcomes?	<p>The Trustees meet regularly and keep in close contact with the users of the facility.</p> <p>They state that they will measure the usage of the gym, and membership numbers, on a monthly, quarterly and yearly basis, against their aims to increase usage by 20% over the first 2 years, and work on maintaining and increasing membership numbers.</p> <p>They state they will keep records of the number of people who attend the facility, the membership levels, the number of people engaging with them on social media and website users.</p> <p>They plan to monitor their social impact by collecting information on the demographics of their gymnasts, coaches, and volunteers, gathering feedback in terms of health and social benefits of users. They state they will keep records of feedback to measure the impact their services have on the local community</p>		Strong
<b>COMMUNITY SUPPORT</b>				
9. Community Involvement	Has it been demonstrated that the community were involved in developing the proposal?	<p>Yes. The proposal is entirely community-led.</p> <p>The group have conducted surveys on social media with the following outcomes:</p> <ul style="list-style-type: none"> <li>• 87% of users live within the Falkirk Council district (44 votes)</li> <li>• 100% of respondents voted to stay at Carron Gymnastics Centre rather than move to alternative accommodation at Larbert High (77 votes)</li> <li>• 80 responses with suggestions of future use and improvements including mother and toddler group, book group, yoga, Pilates etc</li> </ul>		Strong

		<p>At the Christmas fund-raiser in December 2024, the committee signed up more than 20 parents who wanted to support the CAT.</p> <p>As the implications of potential closure became clear, 8 club members aged 11-14 formed a new Youth Committee, as they wanted to be involved with the planning and organising of events, fundraising, etc, as they felt a connection to the centre, and the people who attend.</p> <ul style="list-style-type: none"> <li>• The girls currently volunteer within the club helping to support the coaches with the younger gymnasts</li> <li>• They want to help plan the fundraising events</li> <li>• They want to volunteer at the fundraising events</li> <li>• They want to be involved with any decisions that are being made within the club</li> </ul>		
10. Local Community Support	What evidence has been provided of local community support?	<p>Separate surveys were conducted with parents and young people. The results are referred to in the Application Form and Business Plan and above in Q9.</p> <p>Positive statements have been provided from users of the facility:</p> <p><i>“We come from Killin to this centre as it has the best equipment, and my son has made good friends. Coaches are good and the improvements in him is brilliant.”</i></p> <p><i>“Would be great to keep the centre open, it’s so handy as it has good parking and easy access”.</i></p>		Strong
<b>OTHER</b>				
	<b>Is the building currently staffed?</b>	No employees remain at the building being considered by this report. Having considered the options available to them, all employees chose to accept either voluntary severance or redeployment and therefore no TUPE considerations apply.		Strong

<b>CONCLUSION</b>	
<b>COMMENTS</b>	<b>OVERALL ASSESSMENT (See Table below)</b>
	Strong

<b>Evidence</b>	<b>Overview</b>
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**COMMUNITY ASSET TRANSFER****ASSESSMENT PRO-FORMA**

Very strong	Governance and financial arrangements are strong and sustainable. Best Value characteristics are evidenced and contained throughout the overall approach. Related projected benefits are very robust and demonstrate value for money: suitability, effectiveness, prudence, quality, value and the avoidance of error and other waste.
Strong	Governance and financial arrangements are sound and sustainable. Best Value characteristics are in evidence in the proposal. Related projected benefits are demonstrated well and represent value for money.
Moderate	Governance and financial arrangements are in place and acceptable. Best Value characteristics have been considered as part of the proposal. Related projected benefits are acceptable and could lead to value for money.
Weak	Governance and financial arrangements are weak. Best Value characteristics are not well demonstrated in the proposal. Related projected benefits are not based on robust information and demonstrates questionable value for money.
Poor	Governance and financial arrangements are poor. There is little evidence of Best Value characteristics in the proposal. Related projected benefits are ill defined and/or unrealistic and do not demonstrate value for money.

<b>INCOME</b>	<b>Start up</b>	<b>Apr-26</b>	<b>May-26</b>	<b>Jun-26</b>	<b>Jul-26</b>	<b>Aug-26</b>	<b>Sep-26</b>	<b>Oct-26</b>	<b>Nov-26</b>	<b>Dec-26</b>	<b>Jan-27</b>	<b>Feb-27</b>	<b>Mar-27</b>	<b>TOTAL</b>
Gymnast Charge per hour (average £4/hour)		5000.00	5000.00	5000.00	5500.00	5500.00	5500.00	5500.00	6000.00	6000.00	6000.00	6000.00	6000.00	67000
Small Room Hire		500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	6000
Large Hall Hire (negotiable fee)		1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	12000
Fundraising		0.00	0.00	1500.00	0.00	0.00	0.00	1500.00	0.00	0.00	1500.00	0.00	0.00	4500
Grants	7000	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	7000
Sponsorship		0.00	0.00	0.00	250.00	500.00	500.00	250.00	0.00	0.00	0.00	0.00	0.00	1500
Bank Balance	11000	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	11000
<b>TOTAL CASH IN</b>	<b>18000</b>	<b>6500</b>	<b>6500</b>	<b>8000</b>	<b>7250</b>	<b>7500</b>	<b>7500</b>	<b>8750</b>	<b>7500</b>	<b>7500</b>	<b>9000</b>	<b>7500</b>	<b>7500</b>	<b>109000</b>
<b>EXPENDITURE</b>														
<b>Maintenance</b>														
Floor Maintenance		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Repairs		200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	2400.00
Building Maintenance		100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	1200.00
<b>Statutory Compliance</b>														
PAT Testing		10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	120.00
Fire extinguishers		28.33	28.33	28.33	28.33	28.33	28.33	28.33	28.33	28.33	28.33	28.33	28.33	340.00
First Aid Box		10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00
Electrical Installation Condition Report		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Asbestos Management Check		41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	500.00
Gas Safety Check		10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	120.00
Fire Alarm System Check		41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	500.00
Food Hygiene		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Staffing/Volunteer Costs</b>														
Coach Fees		3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	3500.00	42000.00
Travel		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Expenses		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Overheads</b>														
Rates		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Building Insurance		125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	1500.00
Contents Insurance		66.67	66.67	66.67	66.67	66.67	66.67	66.67	66.67	66.67	66.67	66.67	66.67	800.00
Public Liability Insurance		100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	1200.00
<b>Utilities</b>														
Gas		1200.00	1200.00	800.00	800.00	800.00	1200.00	1200.00	1500.00	1500.00	1500.00	1500.00	1200.00	14400.00
Electricity		961.98	961.98	961.98	961.98	961.98	961.98	961.98	961.98	961.98	961.98	961.98	961.98	11543.75
Mobile		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Broadband		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Water		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trade Waste		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
PHS Sanitary		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Miscellaneous</b>														
Professional fees & Licenses (Accountant, Bookkeeper)		41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	500.00
CCTV maintenance		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Security		37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	450.00
Sundries		33.33	33.33	33.33	33.33	33.33	33.33	33.33	33.33	33.33	33.33	33.33	33.33	400.00
Funded Costs/Redevelopment Costs		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Advertising/Marketing/Signage		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Performance Rights		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials (including Cleaning)		41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	500.00
Volunteer and coach development expenses		100	100	100	100	100	100	100	100	100	100	100	100	1200.00
<b>TOTAL CASH OUT</b>	<b>0</b>	<b>6649</b>	<b>6639</b>	<b>6239</b>	<b>6239</b>	<b>6239</b>	<b>6639</b>	<b>6639</b>	<b>6939</b>	<b>6939</b>	<b>6939</b>	<b>6939</b>	<b>6639</b>	<b>79684</b>
<b>NET CASH FLOW</b>	<b>18000</b>	<b>-149</b>	<b>-139</b>	<b>1761</b>	<b>1011</b>	<b>1261</b>	<b>861</b>	<b>2111</b>	<b>561</b>	<b>561</b>	<b>2061</b>	<b>561</b>	<b>861</b>	<b>29316</b>
<b>OPENING BALANCE</b>	<b>0</b>	<b>18000</b>	<b>17851</b>	<b>17711</b>	<b>19472</b>	<b>20482</b>	<b>21743</b>	<b>22603</b>	<b>24714</b>	<b>25274</b>	<b>25835</b>	<b>27895</b>	<b>28456</b>	
<b>CLOSING BALANCE</b>	<b>18000</b>	<b>17851</b>	<b>17711</b>	<b>19472</b>	<b>20482</b>	<b>21743</b>	<b>22603</b>	<b>24714</b>	<b>25274</b>	<b>25835</b>	<b>27895</b>	<b>28456</b>	<b>29316</b>	

**Notes**

Boys - £2.5k per month  
Girls - £3.5k per month

Sponsor a Gymnast - £50 per year

Fundraising - Open Gym (4 times a year)

Large Hall Hire - competitions / events (fee negotiable)

Cash Flow YR 2

<b>INCOME</b>	<b>Apr-27</b>	<b>May-27</b>	<b>Jun-27</b>	<b>Jul-27</b>	<b>Aug-27</b>	<b>Sep-27</b>	<b>Oct-27</b>	<b>Nov-27</b>	<b>Dec-27</b>	<b>Jan-28</b>	<b>Feb-28</b>	<b>Mar-28</b>	<b>TOTAL</b>
Gymnast Charge per hour (average £4/hour)	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	6000.00	72000
Small Room Hire	517.50	517.50	517.50	517.50	517.50	517.50	517.50	517.50	517.50	517.50	517.50	517.50	6210
Large Hall Hire (negotiable fee)	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	1035.00	12420
Fundraising	0.00	0.00	1552.50	0.00	0.00	0.00	1552.50	0.00	0.00	1552.50	0.00	0.00	4657.5
Grants	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0
Sponsorship	0.00	0.00	0.00	258.75	517.50	517.50	258.75	0.00	0.00	0.00	0.00	0.00	1552.5
Bank Balance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0
<b>TOTAL CASH IN</b>	<b>7553</b>	<b>7553</b>	<b>9105</b>	<b>7811</b>	<b>8070</b>	<b>8070</b>	<b>9364</b>	<b>7553</b>	<b>7553</b>	<b>9105</b>	<b>7553</b>	<b>7553</b>	<b>96840</b>
<b>EXPENDITURE</b>													
<b>Maintenance</b>													
Floor Maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Repairs	207.00	207.00	207.00	207.00	207.00	207.00	207.00	207.00	207.00	207.00	207.00	207.00	2484.00
Building Maintenance	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	1242.00
<b>Statutory Compliance</b>													
PAT Testing	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	124.20
Fire extinguishers	29.33	29.33	29.33	29.33	29.33	29.33	29.33	29.33	29.33	29.33	29.33	29.33	351.90
First Aid Box	10.35	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.35
Electrical Installation Condition Report	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Asbestos Management Check	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Gas Safety Check	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	10.35	124.20
Fire Alarm System Check	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	517.50
Food Hygiene	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Staffing/Volunteer Costs</b>													
Coach Fees	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	3622.50	#####
Travel	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Overheads</b>													
Rates	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Building Insurance	129.38	129.38	129.38	129.38	129.38	129.38	129.38	129.38	129.38	129.38	129.38	129.38	1552.50
Contents Insurance	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	828.00
Public Liability Insurance	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	1242.00
<b>Utilities</b>													
Gas	1242.00	1242.00	828.00	828.00	828.00	1242.00	1242.00	1552.50	1552.50	1552.50	1552.50	1242.00	#####
Electricity	995.65	995.65	995.65	995.65	995.65	995.65	995.65	995.65	995.65	995.65	995.65	995.65	#####

Cash Flow YR 2

Mobile	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Broadband	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Water	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trade Waste	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
PHS Sanitary	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Miscellaneous</b>														
Professional fees & Licenses (Accountant, B	43.13	400.00	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	874.38
CCTV maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Security	38.81	38.81	38.81	38.81	38.81	38.81	38.81	38.81	38.81	38.81	38.81	38.81	38.81	465.75
Sundries	34.50	34.50	34.50	34.50	34.50	34.50	34.50	34.50	34.50	34.50	34.50	34.50	34.50	414.00
Funded Costs/Redevelopment Costs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Advertising/Marketing/Signage	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Performance Rights	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials (including Cleaning)	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	43.13	517.50
Volunteer and coach development expenses	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	103.50	1242.00
<b>TOTAL CASH OUT</b>	<b>6839</b>	<b>7186</b>	<b>6415</b>	<b>6415</b>	<b>6415</b>	<b>6829</b>	<b>6829</b>	<b>7139</b>	<b>7139</b>	<b>7139</b>	<b>7139</b>	<b>7139</b>	<b>6829</b>	<b>82312</b>
<b>NET CASH FLOW</b>	<b>713</b>	<b>367</b>	<b>2690</b>	<b>1397</b>	<b>1655</b>	<b>1241</b>	<b>2535</b>	<b>413</b>	<b>413</b>	<b>1966</b>	<b>413</b>	<b>724</b>	<b>14528</b>	
<b>OPENING BALANCE</b>	<b>29316</b>	<b>30030</b>	<b>30397</b>	<b>33087</b>	<b>34483</b>	<b>36139</b>	<b>37380</b>	<b>39915</b>	<b>40328</b>	<b>40741</b>	<b>42707</b>	<b>43120</b>		
<b>CLOSING BALANCE</b>	<b>30030</b>	<b>30397</b>	<b>33087</b>	<b>34483</b>	<b>36139</b>	<b>37380</b>	<b>39915</b>	<b>40328</b>	<b>40741</b>	<b>42707</b>	<b>43120</b>	<b>43844</b>		
<b>Notes</b>														

Cash Flow YR 3

<b>INCOME</b>	<b>Apr-28</b>	<b>May-28</b>	<b>Jun-28</b>	<b>Jul-28</b>	<b>Aug-28</b>	<b>Sep-28</b>	<b>Oct-28</b>	<b>Nov-28</b>	<b>Dec-28</b>	<b>Jan-29</b>	<b>Feb-29</b>	<b>Mar-29</b>	<b>TOTAL</b>
Gymnast Charge per hour (average £4/hour)	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	6210.00	74520.00
Small Room Hire	535.61	535.61	535.61	535.61	535.61	535.61	535.61	535.61	535.61	535.61	535.61	535.61	6427.35
Large Hall Hire (negotiable fee)	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	1071.23	12854.70
Fundraising	0.00	0.00	1606.84	0.00	0.00	0.00	1606.84	0.00	0.00	1606.84	0.00	0.00	4820.51
Grants	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Sponsorship	0.00	0.00	0.00	267.81	535.61	535.61	267.81	0.00	0.00	0.00	0.00	0.00	1606.84
Bank Balance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>TOTAL CASH IN</b>	<b>7817</b>	<b>7817</b>	<b>9424</b>	<b>8085</b>	<b>8352</b>	<b>8352</b>	<b>9691</b>	<b>7817</b>	<b>7817</b>	<b>9424</b>	<b>7817</b>	<b>7817</b>	<b>100229</b>
<b>EXPENDITURE</b>													
<b>Maintenance</b>													
Floor Maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Repairs	214.25	214.25	214.25	214.25	214.25	214.25	214.25	214.25	214.25	214.25	214.25	214.25	2570.94
Building Maintenance	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	1285.47
<b>Statutory Compliance</b>													
PAT Testing	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	128.55
Fire extinguishers	30.35	30.35	30.35	30.35	30.35	30.35	30.35	30.35	30.35	30.35	30.35	30.35	364.22
First Aid Box	10.71	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.71
Electrical Installation Condition Report	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Asbestos Management Check	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	550.00
Gas Safety Check	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	10.71	128.55
Fire Alarm System Check	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	535.61
Food Hygiene	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Staffing/Volunteer Costs</b>													
Coach Fees	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	3749.29	44991.45
Travel	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Overheads</b>													
Rates	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Building Insurance	133.90	133.90	133.90	133.90	133.90	133.90	133.90	133.90	133.90	133.90	133.90	133.90	1606.84
Contents Insurance	71.42	71.42	71.42	71.42	71.42	71.42	71.42	71.42	71.42	71.42	71.42	71.42	856.98
Public Liability Insurance	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	1285.47
<b>Utilities</b>													
Gas	1285.47	1285.47	856.98	856.98	856.98	1285.47	1285.47	1606.84	1606.84	1606.84	1606.84	1285.47	15425.64
Electricity	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	1030.50	12365.95

Cash Flow YR 3

Mobile	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Broadband	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Water	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trade Waste	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
PHS Sanitary	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Miscellaneous</b>														
Professional fees & Licenses (Accountant, B	44.63	414.00	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	904.98
CCTV maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Security	40.17	40.17	40.17	40.17	40.17	40.17	40.17	40.17	40.17	40.17	40.17	40.17	40.17	482.05
Sundries	35.71	35.71	35.71	35.71	35.71	35.71	35.71	35.71	35.71	35.71	35.71	35.71	35.71	428.49
Funded Costs/Redevelopment Costs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Advertising/Marketing/Signage	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Performance Rights	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials (including Cleaning)	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	44.63	535.61
Volunteer and coach development expenses	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	107.12	1285.47
<b>TOTAL CASH OUT</b>	<b>7078</b>	<b>7483</b>	<b>6685</b>	<b>6685</b>	<b>6685</b>	<b>7114</b>	<b>7114</b>	<b>7435</b>	<b>7435</b>	<b>7435</b>	<b>7435</b>	<b>7435</b>	<b>7114</b>	<b>85743</b>
<b>NET CASH FLOW</b>	<b>738</b>	<b>334</b>	<b>2739</b>	<b>1400</b>	<b>1667</b>	<b>1239</b>	<b>2578</b>	<b>382</b>	<b>382</b>	<b>1989</b>	<b>382</b>	<b>703</b>	<b>14486</b>	
<b>OPENING BALANCE</b>	<b>43844</b>	<b>31081</b>	<b>31415</b>	<b>34153</b>	<b>35553</b>	<b>37220</b>	<b>38459</b>	<b>41037</b>	<b>41419</b>	<b>41801</b>	<b>43789</b>	<b>44171</b>		
<b>CLOSING BALANCE</b>	<b>31081</b>	<b>31415</b>	<b>34153</b>	<b>35553</b>	<b>37220</b>	<b>38459</b>	<b>41037</b>	<b>41419</b>	<b>41801</b>	<b>43789</b>	<b>44171</b>	<b>44875</b>		
<b>Notes</b>														

Cash Flow YR 4

<b>INCOME</b>	<b>Apr-29</b>	<b>May-29</b>	<b>Jun-29</b>	<b>Jul-29</b>	<b>Aug-29</b>	<b>Sep-29</b>	<b>Oct-29</b>	<b>Nov-29</b>	<b>Dec-29</b>	<b>Jan-30</b>	<b>Feb-30</b>	<b>Mar-30</b>	<b>TOTAL</b>
Gymnast Charge per hour (average £4/hour)	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	6427.35	77128.2
Small Room Hire	554.36	554.36	554.36	554.36	554.36	554.36	554.36	554.36	554.36	554.36	554.36	554.36	6652.30725
Large Hall Hire (negotiable fee)	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	1108.72	13304.6145
Fundraising	0.00	0.00	1663.08	0.00	0.00	0.00	1663.08	0.00	0.00	1663.08	0.00	0.00	4989.23044
Grants	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0
Sponsorship	0.00	0.00	0.00	277.18	554.36	554.36	277.18	0.00	0.00	0.00	0.00	0.00	1663.07681
Bank Balance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0
<b>TOTAL CASH IN</b>	<b>8090</b>	<b>8090</b>	<b>9754</b>	<b>8368</b>	<b>8645</b>	<b>8645</b>	<b>10031</b>	<b>8090</b>	<b>8090</b>	<b>9754</b>	<b>8090</b>	<b>8090</b>	<b>103737</b>
<b>EXPENDITURE</b>													
<b>Maintenance</b>													
Floor Maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Repairs	221.74	221.74	221.74	221.74	221.74	221.74	221.74	221.74	221.74	221.74	221.74	221.74	2660.92
Building Maintenance	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	1330.46
<b>Statutory Compliance</b>													
PAT Testing	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	133.05
Fire extinguishers	31.41	31.41	31.41	31.41	31.41	31.41	31.41	31.41	31.41	31.41	31.41	31.41	376.96
First Aid Box	11.09	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	11.09
Electrical Installation Condition Report	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Asbestos Management Check	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Gas Safety Check	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	11.09	133.05
Fire Alarm System Check	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	554.36
Food Hygiene	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Staffing/Volunteer Costs</b>													
Coach Fees	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	3880.51	46566.15
Travel	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Overheads</b>													
Rates	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Building Insurance	138.59	138.59	138.59	138.59	138.59	138.59	138.59	138.59	138.59	138.59	138.59	138.59	1663.08
Contents Insurance	73.91	73.91	73.91	73.91	73.91	73.91	73.91	73.91	73.91	73.91	73.91	73.91	886.97
Public Liability Insurance	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	1330.46
<b>Utilities</b>													
Gas	1330.46	1330.46	886.97	886.97	886.97	1330.46	1330.46	1663.08	1663.08	1663.08	1663.08	1330.46	15965.54
Electricity	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	1066.56	12798.76

Cash Flow YR 4

Mobile	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Broadband	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Water	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trade Waste	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
PHS Sanitary	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Miscellaneous</b>														
Professional fees & Licenses (Accountant, B	46.20	428.49	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	936.65
CCTV maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Security	41.58	41.58	41.58	41.58	41.58	41.58	41.58	41.58	41.58	41.58	41.58	41.58	41.58	498.92
Sundries	36.96	36.96	36.96	36.96	36.96	36.96	36.96	36.96	36.96	36.96	36.96	36.96	36.96	443.49
Funded Costs/Redevelopment Costs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Advertising/Marketing/Signage	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Performance Rights	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials (including Cleaning)	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	46.20	554.36
Volunteer and coach development expenses	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	110.87	1330.46
<b>TOTAL CASH OUT</b>	<b>7326</b>	<b>7697</b>	<b>6872</b>	<b>6872</b>	<b>6872</b>	<b>7315</b>	<b>7315</b>	<b>7648</b>	<b>7648</b>	<b>7648</b>	<b>7648</b>	<b>7648</b>	<b>7315</b>	<b>88175</b>
<b>NET CASH FLOW</b>	<b>764</b>	<b>393</b>	<b>2882</b>	<b>1496</b>	<b>1773</b>	<b>1330</b>	<b>2716</b>	<b>443</b>	<b>443</b>	<b>2106</b>	<b>443</b>	<b>775</b>	<b>15563</b>	
<b>OPENING BALANCE</b>	<b>44875</b>	<b>45639</b>	<b>46032</b>	<b>48914</b>	<b>50410</b>	<b>52183</b>	<b>53513</b>	<b>56228</b>	<b>56671</b>	<b>57113</b>	<b>59219</b>	<b>59662</b>		
<b>CLOSING BALANCE</b>	<b>45639</b>	<b>46032</b>	<b>48914</b>	<b>50410</b>	<b>52183</b>	<b>53513</b>	<b>56228</b>	<b>56671</b>	<b>57113</b>	<b>59219</b>	<b>59662</b>	<b>60437</b>		
<b>Notes</b>														

Cash Flow YR 5

<b>INCOME</b>	<b>Apr-30</b>	<b>May-30</b>	<b>Jun-30</b>	<b>Jul-30</b>	<b>Aug-30</b>	<b>Sep-30</b>	<b>Oct-30</b>	<b>Nov-30</b>	<b>Dec-30</b>	<b>Jan-31</b>	<b>Feb-31</b>	<b>Mar-31</b>	<b>TOTAL</b>
Gymnast Charge per hour (average £4/hour)	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	6652.31	79827.687
Small Room Hire	573.76	573.76	573.76	573.76	573.76	573.76	573.76	573.76	573.76	573.76	573.76	573.76	6885.138
Large Hall Hire (negotiable fee)	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	1147.52	13770.276
Fundraising	0.00	0.00	1721.28	0.00	0.00	0.00	1721.28	0.00	0.00	1721.28	0.00	0.00	5163.8535
Grants	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0
Sponsorship	0.00	0.00	0.00	286.88	573.76	573.76	286.88	0.00	0.00	0.00	0.00	0.00	1721.2845
Bank Balance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0
<b>TOTAL CASH IN</b>	<b>8374</b>	<b>8374</b>	<b>10095</b>	<b>8660</b>	<b>8947</b>	<b>8947</b>	<b>10382</b>	<b>8374</b>	<b>8374</b>	<b>10095</b>	<b>8374</b>	<b>8374</b>	<b>107368</b>
<b>EXPENDITURE</b>													
<b>Maintenance</b>													
Floor Maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Repairs	229.50	229.50	229.50	229.50	229.50	229.50	229.50	229.50	229.50	229.50	229.50	229.50	2754.06
Building Maintenance	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	1377.03
<b>Statutory Compliance</b>													
PAT Testing	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	137.70
Fire extinguishers	32.51	32.51	32.51	32.51	32.51	32.51	32.51	32.51	32.51	32.51	32.51	32.51	390.16
First Aid Box	11.48	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	11.48
Electrical Installation Condition Report	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	41.67	500.00
Asbestos Management Check	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	45.83	550.00
Gas Safety Check	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	11.48	137.70
Fire Alarm System Check	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	573.76
Food Hygiene	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Staffing/Volunteer Costs</b>													
Coach Fees	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	4016.33	48195.97
Travel	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Overheads</b>													
Rates	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Building Insurance	143.44	143.44	143.44	143.44	143.44	143.44	143.44	143.44	143.44	143.44	143.44	143.44	1721.28
Contents Insurance	76.50	76.50	76.50	76.50	76.50	76.50	76.50	76.50	76.50	76.50	76.50	76.50	918.02
Public Liability Insurance	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	1377.03
<b>Utilities</b>													
Gas	1377.03	1377.03	918.02	918.02	918.02	1377.03	1377.03	1721.28	1721.28	1721.28	1721.28	1377.03	16524.33
Electricity	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	1103.89	13246.72

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Mobile	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Broadband	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Water	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trade Waste	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
PHS Sanitary	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Miscellaneous</b>														
Professional fees & Licenses (Accountant, B	47.81	443.49	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	969.44
CCTV maintenance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Security	43.03	43.03	43.03	43.03	43.03	43.03	43.03	43.03	43.03	43.03	43.03	43.03	43.03	516.39
Sundries	38.25	38.25	38.25	38.25	38.25	38.25	38.25	38.25	38.25	38.25	38.25	38.25	38.25	459.01
Funded Costs/Redevelopment Costs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Advertising/Marketing/Signage	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Performance Rights	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials (including Cleaning)	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	47.81	573.76
Volunteer and coach development expenses	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	114.75	1377.03
<b>TOTAL CASH OUT</b>	<b>7670</b>	<b>8054</b>	<b>7200</b>	<b>7200</b>	<b>7200</b>	<b>7659</b>	<b>7659</b>	<b>8003</b>	<b>8003</b>	<b>8003</b>	<b>8003</b>	<b>8003</b>	<b>7659</b>	<b>92311</b>
<b>NET CASH FLOW</b>	<b>703</b>	<b>319</b>	<b>2895</b>	<b>1461</b>	<b>1748</b>	<b>1289</b>	<b>2723</b>	<b>371</b>	<b>371</b>	<b>2092</b>	<b>371</b>	<b>715</b>	<b>15057</b>	
<b>OPENING BALANCE</b>	<b>60437</b>	<b>61141</b>	<b>61460</b>	<b>64355</b>	<b>65816</b>	<b>67564</b>	<b>68853</b>	<b>71576</b>	<b>71946</b>	<b>72317</b>	<b>74409</b>	<b>74780</b>		
<b>CLOSING BALANCE</b>	<b>61141</b>	<b>61460</b>	<b>64355</b>	<b>65816</b>	<b>67564</b>	<b>68853</b>	<b>71576</b>	<b>71946</b>	<b>72317</b>	<b>74409</b>	<b>74780</b>	<b>75495</b>		
<b>Notes</b>														

**SECTION ONE: ESSENTIAL INFORMATION**

<b>Service &amp; Division:</b>	Place Services		
	Invest Falkirk		
		Tel:	██████████
<b>Proposal:</b>	Community Asset Transfer of Carron Gymnastics Centre to Stenhousemuir Gymnastics Club	<b>Reference No:</b>	

What is the Proposal?	Budget & Other Financial Decision	Policy (New or Change)	HR Policy & Practice	Change to Service Delivery / Service Design
	Yes	No	No	Yes

Who does the Proposal affect?	Service Users	Members of the Public	Employees	Job Applicants
	Yes	Yes	Yes	No
	Children and young people	Significant impact?		
	Yes	Yes		
<b>Other, please specify:</b>				

**Identify the main aims and projected outcome of this proposal (please add date of each update):**

01/10/2025	The Community Asset Transfer of Carron Gymnastics Centre to Stenhousemuir Gymnastics Club

**SECTION TWO: FINANCIAL INFORMATION**

For budget changes ONLY please include information below:			Benchmark, e.g. Scottish Average
Current spend on this service (£'0000s)	Total:	£69,430	
Reduction to this service budget (£'0000s)	Per Annum:	£69,430	
Increase to this service budget (£'000s)	Per Annum:	0	
If this is a change to a charge or concession please complete.	Current Annual Income Total:	N/A	
	Expected Annual Income Total:	N/A	
If this is a budget decision, when will the saving be achieved?	Start Date:	01/10/2025	
	End Date (if any):		

**SECTION THREE: EVIDENCE**

Please include any evidence or relevant information that has influenced the decisions contained in this EPIA. (This could include demographic profiles; audits; research; health needs assessments; national guidance or legislative requirements and how this relates to the protected characteristic groups.)

**A - Quantitative Evidence**

This is evidence which is numerical and should include the number people who use the service and the number of people from the protected characteristic groups who might be affected by changes to the service.

The Club caters to **150** children and young people.

**80** in female-only classes

**30** in male-only classes

**40** in mixed-sex classes

Approximately **15%** of participants are from a Black or ethnic minority background

There are **30+** participants with additional support needs

The Club offers reduced rates to approximately **20** families who are living with poverty

**B - Qualitative Evidence**

This is data which describes the effect or impact of a change on a group of people, e.g. some information provided as part of performance reporting.

**Social - case studies; personal / group feedback / other**

The group states that activities and social interactions facilitated by the Club will contribute significantly to both the mental and social wellbeing of their community. They provide a safe space for the local community to meet and engage with each other through our training sessions, activities, and events. Offering volunteer opportunities within the Gymnastics Club can enhance social cohesion and provide residents with a sense of purpose. Volunteering can help individuals develop new skills, gain confidence, and feel more connected to their community.

**Personal statements:**

*“We come from Killin to this centre as it has the best equipment, and my son has made good friends. Coaches are good and the improvements in him is brilliant.”*

*“Would be great to keep the centre open, it's so handy as it has good parking and easy access”.*

<b>Best Judgement:</b>	
<b>Has best judgement been used in place of data/research/evidence?</b>	No
<b>Who provided the best judgement and what was this based on?</b>	Best judgement was not used. Information from the Business Plan and Application Form were utilised in the writing of this EPIA.
<b>What gaps in data / information were identified?</b>	N/A
<b>Is further research necessary?</b>	No
<b>If NO, please state why.</b>	Sufficient information and data was supplied.

**SECTION FOUR: ENGAGEMENT**

Engagement with individuals or organisations affected by the policy or proposal must take place

<b>Has the proposal / policy / project been subject to engagement or consultation with service users taking into account their protected characteristics and socio-economic status?</b>	Yes	
<b>If YES, please state who was engagement with.</b>	Club Members (Children and Young People) Parents / Guardians Gymnastics Coaches Members of the public	
<b>If NO engagement has been conducted, please state why.</b>		
<b>How was the engagement carried out?</b>		<b>What were the results from the engagement? Please list...</b>
Focus Group	No	
Survey	Yes	<p>Numerous surveys have been done via social media.</p> <p>On the Stenhousemuir Gymnastics Club Facebook page a survey asked what area the gymnasts lived in:</p> <p>87% within FC area, 3% outwith the FC area (44 votes).</p> <p>A survey to see if their gymnasts would like to move to Larbert High/ Mariner Centre or stay at Carron Gymnastics Centre :</p> <p>100% voted to stay (77 votes).</p> <p>A survey was put out via social media to ask local community how they would like to use the small hall. The survey collected over 80 responses with very positive input and ideas including-</p> <p>Community uses: Groups such as mother and toddler, book group, kids' parties or small gatherings.</p> <p>Health and well-being uses: yoga, fitness classes, Pilates etc</p>

<b>Display / Exhibitions</b>	No	
<b>User Panels</b>	No	
<b>Public Event</b>	Yes	<p>Open gym: An event was put on which was well attended by club members, family friends and community.</p> <p>The group collected data on current usage and future usage, asking what other gymnastics disciplines the gymnasts would like to see offered at the centre.</p> <p>Over 40 responses</p>
<b>Other: please specify</b>		
<b>Has the proposal / policy/ project been reviewed / changed as a result of the engagement?</b>	No	
<b>Have the results of the engagement been fed back to the consultees?</b>	Yes	
<b>Is further engagement recommended?</b>	No	

## SECTION FIVE: ASSESSING THE IMPACT

**Equality Protected Characteristics:** What will the impact of implementing this proposal be on people who share characteristics protected by the Equality Act 2010 or are likely to be affected by the proposal / policy / project? This section allows you to consider other impacts, e.g. poverty, health inequalities, community justice, carers etc.

Protected Characteristic	Neutral Impact	Positive Impact	Negative Impact	Please provide evidence of the impact on this protected characteristic.
Age		✓		<p>Children and Young People = 150 participants</p> <p>Stay and play, preschool, recreation classes (primary and high school), competition classes (primary and high school).</p> <p>Volunteer opportunities: young leaders 12-18</p> <p>Volunteer opportunities for all participants</p> <p>Our Club engages children and young people from early years through to high school in gymnastics activities, offering a range of sessions including Stay and Play, Preschool, Recreational classes, and Competition classes. These sessions help participants develop not only their gymnastics skills but also confidence, communication, teamwork, and discipline. We provide inclusive opportunities for younger children to enjoy entry-level activities and progress through to advanced coaching for older children and teenagers, supporting their development both in sport and in life.</p> <p>We also recognise the wider value of our activities as a form of youth work and positive diversionary activity. With limited youth provision available outside school hours, our club offers a safe, structured environment where young people can engage regularly with trusted adults as coaches and volunteers. This includes volunteer pathways such as Young Leaders for ages 12–18, as well as opportunities for all ages to contribute to the club community. Securing our future through Community Asset Transfer will ensure these opportunities remain protected for generations to come.</p>

**Public Sector Equality Duty: Scottish Public Authorities must have 'due regard' to the need to eliminate unlawful discrimination, advance quality of opportunity and foster good relations. Scottish specific duties include:**

				<p>Working with parents and services to provide space/ opportunities for children, adults and families with ASN</p> <p>Our Club is committed to creating an inclusive environment for children, young people, and families with Additional Support Needs (ASN). We work closely with parents and relevant services to provide safe spaces and tailored opportunities that enable participation in gymnastics at a level suited to individual abilities. While gymnastics requires a degree of physical capability, we recognise and support a range of needs, including those that may be hidden or undisclosed. Being part of our club and engaging in regular physical activity can help individuals overcome challenges, build confidence, and experience the social and well-being benefits of sport.</p> <p>Through collaboration and flexibility, we aim to ensure that our sessions — whether recreational or competitive — are accessible and welcoming, and that families feel supported as part of our community. Securing our future through Community Asset Transfer will allow us to further develop inclusive provision and strengthen partnerships to meet the needs of all participants.</p>
<b>Sex</b>		✓		<p>Female only gymnastics classes = 80 participants  Male only gymnastics classes = 30 participants  Mixed-sex Classes = 40 participants</p> <p>Our Club is committed to providing inclusive gymnastics opportunities for both girls and boys. We currently offer female-only classes, male-only classes, and mixed-sex sessions (for younger age groups), ensuring that all children and young people can participate in a way that suits their needs and preferences. This approach supports equal access to our sport whilst promoting confidence, skill development, and enjoyment for everyone.</p> <p>We have successfully coached girls and boys across these different formats and will continue to grow this provision following our Community Asset Transfer. By maintaining and expanding separate and mixed opportunities, we aim to encourage participation from all genders and create a welcoming environment where every child and young person feels supported to achieve their potential.</p>

<b>Ethnicity</b>		✓		<p>Approximately 15% of participants come from a Black or ethnic minority background</p> <p>The Club states:</p> <p>Our Club welcomes Children and Young People regardless of their ethnicity — ethnicity doesn't affect the interest, commitment, nor talent in gymnastics that will help them thrive in our Club.</p> <p>Currently we support a number of gymnasts who we are aware come from BAME backgrounds, that number may be higher where players and families have not shared this information with us. We actively encourage young people of all ethnicities to join our Club.</p>
<b>Religion / Belief / non-Belief</b>		✓		<p>We don't keep a record of the religion/belief/non-belief of any of our users. We maintain a supportive and inclusive environment where people can use the services available regardless of religion/belief.</p>
<b>Sexual Orientation</b>		✓		<p>The Club states: Sexual orientation is not a relevant factor in the delivery of our Club's activities, and has no impact on the interest, commitment, nor talent in gymnastics needed for gymnasts to thrive at our Club. We maintain a supportive and inclusive environment where teamwork, commitment, and talent, is recognised regardless of sexual orientation or other characteristics.</p>
<b>Transgender</b>		✓		<p>The Club states: Transgender identity is not a relevant factor in the delivery of our Club's activities, and has no impact on the interest, commitment, nor talent in gymnastics needed for gymnasts to thrive at our Club. We currently support mixed coaching as required – as noted above - so there would be no exclusion of any individual on the basis of their gender.</p>
<b>Pregnancy / Maternity</b>	✓			<p>Currently not relevant for our organisation but we will be looking at engaging with services to see if we can support new parents and babies.</p>
<b>Marriage / Civil Partnership</b>				

<b>Poverty</b>				The Club states that they take proactive steps to ensure that financial barriers do not prevent children, young people, or families from participating in gymnastics. "We offer reduced fees for siblings and provide support to individual families where we identify or are made aware of financial hardship, through subsidising , waiving fees and we have access to funding through Scottish Gymnastics (Hardship fund). We also offer reduced cost per hour for our gymnasts who do more than 3 hours a week to try to reduce barriers. This is always handled discreetly to protect dignity and avoid any embarrassment. By doing so, we aim to make gymnastics accessible to everyone in our community, regardless of their financial circumstances, and ensure that cost is never a reason for exclusion."
<b>Care Experienced</b>				The Club states that they do not require children, young people, or families to disclose if a participant is care-experienced in order to join. "Occasionally, we may be made aware of this information, and when that happens, we provide support on a case-by-case basis, recognising that every young person and their circumstances are unique. Our approach is always sensitive and focused on creating a safe, welcoming environment where care-experienced individuals can enjoy gymnastics and benefit from the positive relationships and structure that our club offers."
<b>Other, health, community justice, carers etc.</b>				
<b>Risk (Identify other risks associated with this change)</b>				

	<b>Evidence of Due Regard</b>
<b>Eliminate Unlawful Discrimination (harassment, victimisation and other prohibited conduct):</b>	<p>The facility and its services will remain open and accessible to all.</p> <p>The proposed asset transfer will not lead to any unlawful discrimination.</p>
<b>Advance Equality of Opportunity:</b>	<p>The governing body's policies are in place to ensure equality of opportunity to participants regardless of their status or situation.</p> <p>The transfer of the centre will provide a safe and familiar space for those with protected characteristics, where they may otherwise face barriers to participation in another venue</p>

**Foster Good Relations (promoting understanding and reducing prejudice):**

There is no evidence that transferring the property would damage good relations by preventing understanding or increasing prejudice.

The club intends to run further activities with young people, and allow future uses for people in the locality, strengthening community bonds and social cohesion.

**SECTION SIX: PARTNERS / OTHER STAKEHOLDERS**

<b>Which sectors are likely to have an interest in or be affected by the proposal / policy / project?</b>		<b>Describe the interest / affect.</b>
<b>Business</b>	No	
<b>Councils</b>	Yes	The facility was formerly operated by the Council which has now withdrawn as per the recommendations of the Strategic Property Review.
<b>Education Sector</b>	Yes	Children from the local primary and high schools will be able to continue to attend the classes. Young people will have opportunities to increase their skills and gain their Saltire Awards for Volunteering.
<b>Fire</b>	No	
<b>NHS</b>	No	
<b>Integration Joint Board</b>	No	
<b>Police</b>	No	
<b>Third Sector</b>	No	
<b>Other(s): please list and describe the nature of the relationship / impact.</b>		

## SECTION SEVEN: ACTION PLANNING

**Mitigating Actions:** If you have identified impacts on protected characteristic groups in Section 5 please summarise these in the table below detailing the actions you are taking to mitigate or support this impact. If you are not taking any action to support or mitigate the impact you should complete the No Mitigating Actions section below instead.

Identified Impact	To Who	Action(s)	Lead Officer	Evaluation and Review Date	Strategic Reference to Corporate Plan / Service Plan / Quality Outcomes

### No Mitigating Actions

**Please explain why you do not need to take any action to mitigate or support the impact of your proposals.**

Carron Gymnastics Centre was identified for closure as part of the Strategic Property Review

Officers have been working closely with Stenhousemuir Gymnastics Club to progress with Community Asset Transfer for this facility and are now in receipt of a full CAT application.

The group have been operating the building under a Full Repair and Insuring (FRI) licence since October 2025.

This EPIA has been undertaken with the information available to Falkirk Council at this time and based on current operations however, under a CAT model, it is up to the community group to manage the operations of that building going forward as Falkirk Council have now withdrawn from these buildings in line with the Council decision.

This building will continue to be available to the local community as a key community asset and it's anticipated that existing groups can continue to utilise the building and therefore there is no known perceived negative impact at this time

**Are actions being reported to Members?**

Yes



**SECTION EIGHT: ASSESSMENT OUTCOME****Only one of following statements best matches your assessment of this proposal / policy / project. Please select one and provide your reasons.**

<b>No major change required</b>	Yes	Carron Gymnastics Centre passing into community ownership means no negative impacts on groups or people; indeed it has been demonstrated through the Business Plan and CAT Application Form that multiple benefits will flow from the transferring of the facility into community ownership.
<b>The proposal has to be adjusted to reduce impact on protected characteristic groups</b>	No	
<b>Continue with the proposal but it is not possible to remove all the risk to protected characteristic groups</b>	No	
<b>Stop the proposal as it is potentially in breach of equality legislation</b>	No	

**SECTION NINE: EPIA TASK GROUP ONLY**

<b>OVERALL ASSESSMENT OF EPIA:</b>	<b>Has the EPIA demonstrated the use of data, appropriate engagement, identified mitigating actions as well as ownership and appropriate review of actions to confidently demonstrate compliance with the general and public sector equality duties?</b>	Yes
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<b>ASSESSMENT FINDINGS</b>	Demographic data, where possible, has been collated to highlight benefits to those with the relevant characteristics. Engagement has been carried out with outcomes recorded. There are no mitigating actions noted as there would be positive outcomes for those with the relevant protected characteristics.	
<b>If YES, use this box to highlight evidence in support of the assessment of the EPIA</b>		
<b>If NO, use this box to highlight actions needed to improve the EPIA</b>		

<b>Where adverse impact on diverse communities has been identified and it is intended to continue with the proposal / policy / project, has justification for continuing <u>without making changes been made?</u></b>	Yes / No	If YES, please describe:

**LEVEL OF IMPACT: The EPIA Task Group has agreed the following level of impact on the protected characteristic groups highlighted within the EPIA**

LEVEL		COMMENTS
HIGH	No	
MEDIUM	No	
LOW	Yes	Overall assessment shows a positive impact on those with protected characteristics. There is no breach of legal duties or Council policy should this proposal go ahead. The proposal does not show any negative reputational risk to the Council.

**SECTION TEN: CHIEF OFFICER SIGN OFF**

<b>Director / Head of Service:</b>			
<b>Signature:</b>	<i>Malcolm Bennie</i>	<b>Date:</b>	17/06/2026