

# GETTING IT RIGHT FOR EVERY CHILD

FALKIRK COUNCIL



# GIRFEC in Falkirk

Getting It Right For Every Child (GIRFEC) is Scotland's national approach to improving the wellbeing of children and young people. It puts children and young people at the centre of support and helps them and their families or carers get the right support, at the right time, from the right people.

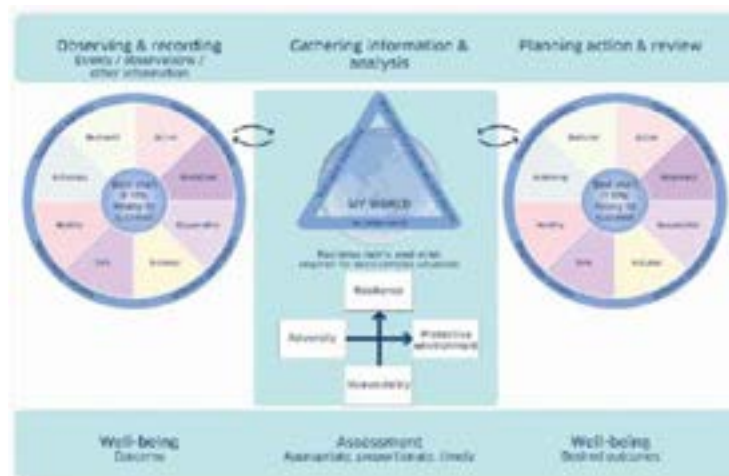
GIRFEC is for all children and young people in Scotland, no matter their circumstances. Alongside the Promise and the incorporation of the UNCRC into Scots law, together they underpin all the policy and legislation that relates to children, young people and their families in Scotland.

In Falkirk, our Children and Families Social Work Teams work closely with our Local Authority partners, schools, health visitors and other services to provide early help to children and families/carers.

The national practice model (right) is at the heart of GIRFEC and our Falkirk Child's Plan. The Child's Plan should be used by all practitioners in children's services to identify strengths and needs and then what supports are required to improve outcomes for children.

The Falkirk GIRFEC Group are currently working on co-producing a new Child's Plan and Assessment Framework with Children and Young People.

The GIRFEC approach embeds children's rights, ensures that children and their families get timely support when a wellbeing need is identified, are listened to and can work in partnership with services to get help when they need it.



## FURTHER INFORMATION

[Our current Integrated Children's Services Plan](#)

[Learn more about GIRFEC](#)

[Our previous reports & plans](#)

In Falkirk we want to prevent concerns becoming risks, and ensure children are loved safe and can remain at home with their families whenever possible as detailed in The Promise.

[Guide - Our Hearings, Our Voice](#)

[Youth Voice Toolkit | Resources | Education Scotland](#)

# Our GIRFEC Group

We are a multi agency group who work to improve outcomes for children, young people, families and carer through a collaborative approach when delivering services underpinned by the principles of GIRFEC.

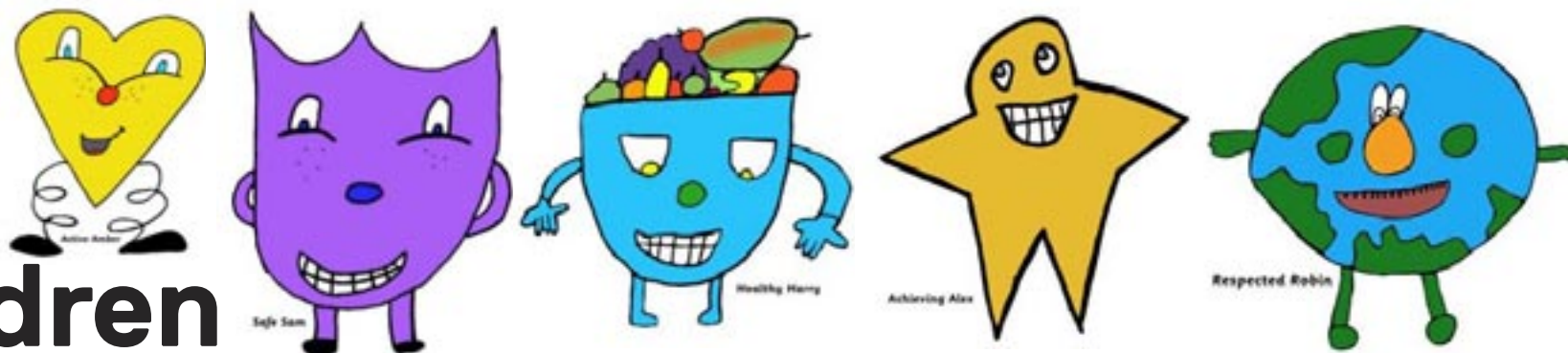


We have been involved in lots of exciting work and over the next year or so the focus of our work will include:

- Evaluation of a new Child's Plan
- A role in supporting on Children's Right's reporting to the Scottish Government
- Supporting the role of our Child Centred Case Recording approach.
- Contribute to the writing of our new Integrated Children's Services Plan
- Co-production of a new Children's Planning Partnership Participation and Engagement Strategy
- Support the roll out of new Team Around The Child Guidance and supporting materials.
- Development of a new GIRFEC Pathway



# For Children



In Falkirk we want you to all grow up to be “Safe, Loved and Respected to reach their full potential.”

Getting it Right for Every Child (GIRFEC) uses 8 words to describe what it looks like when things are going well for children and young people. These 8 words are called the Wellbeing Indicators. You might recognise some of these characters from school when you have learned about wellbeing and your rights.

You have the right to be safe and healthy. You should be respected and included, nurtured and responsible. And you should get all the encouragement you need to be active, and to achieve things in your life.

These words help you, your family, or someone helping you to talk about how things are going in your life. Using the Wellbeing Indicators helps everyone think about what you need in all areas of your life, and makes sure nothing is forgotten about by only looking at 1 or 2 things.

To find out more about the Wellbeing Indicators click on the video.



## FURTHER INFORMATION

Some children and young people have things called Team Around the Child (TAC) meetings when they or their family need some extra support. If you have TAC meetings about you or your family, these leaflets can help you learn more about your meeting:

Team Around the Child (TAC) Leaflets

Help for young people with experience of care - [mygov.scot](https://mygov.scot)

# Your Voice & Rights

## Learn About Your Rights:

Falkirk your right's are very important to us and we want to make sure that your right's are at the heart of all the work we do. Your rights matter and we want to make sure that you know all about them. The video and websites following tell you about your rights and The United Nations Convention on the Right's of the Child (UNCRC).

In Scotland, children have the right to be heard and taken seriously. When decisions are being made about your life, adults should listen to how you think and feel. Your views can help make services better for you and other young people.

In Falkirk we take our commitment to The Promise seriously and we are always excited to have children and young people help us shape services and share their views.

If you would like to be involved in any of the work we are doing for you please let us know. You can do this by telling your teacher, social worker or by contacting us yourself



Children's Rights



## FURTHER INFORMATION

### Get Involved

Falkirk's Champions are care experienced young people who are working to make change to policy and practice in our local authority to improve our care system.

Become a member

Like us on Facebook

Follow us on Instagram





# For Families/Carers

**In Falkirk we listen to families and carers, so we get it right for every child, together.**

Getting It Right for Every Child (GIRFEC), is a National and Local approach in Falkirk, aimed at providing the best possible start for every child by offering the right help at the right time from the right people. Sometimes, your child or your family might need a bit of extra support, and GIRFEC is there to help us provide that.

## **Closer to Home**

In Falkirk Council, our “closer to Home” strategy and our dedication to The Promise represents our shared vision that by working together, we can ensure children grow up in nurturing environments that allow them to flourish within their families and communities.

We want to find and build on the strengths of families and for families to safely care for their children at home or within the wider family network.

## **Wellbeing**

GIRFEC encourages children, young people, parents/carers and professionals to work together when support is needed.

You and your child know what is needed and by working together, we can make sure that your ‘wellbeing needs’ are met.

Every child and young person has access to a Named Person, usually a health visitor or teacher, who can help you if you have any worries about your own or your child’s wellbeing and coordinates support when needed

## **Child’s Plan and Information Sharing**

If more significant or complex needs are identified, a single planning approach will be used to build on strengths and address concerns and a Team Around the Child meeting will be arranged. This Leaflet will explain what this means.

The ‘child’s plan’ brings together various professionals to work towards positive outcomes with you and your family. We respect yours or your child’s privacy. Information will only be shared to ensure safety, and to support you or your child.

Remember, GIRFEC is about making it easier for you or your child to receive the right help at the right time. Let’s work together to have strong families, safe children and bright futures.

## **FURTHER INFORMATION**

### **Get Involved**

Contact Mhairi Fraser  
at Falkirk Council for  
more information





Below you can watch some animations that tell you more about: GIRFEC



Lead Professional



Named Person



Child's Plan



# Local Resources for families in Falkirk

Here you will find some helpful information and resources that can support you with a number of things including advice, supports, resources and services to help you and your family with things such as:

- Parenting advice
- Substance use
- Mental health & wellbeing
- Surviving domestic abuse
- Surviving sexual abuse
- Caring responsibilities

If you or someone you know is at immediate risk of suicide, call 999

<b>SAMARITANS</b> Samaritans 116 123 24 hrs a day Every day of the year	<b>NHS 24</b> NHS 24 Mental Health Hub 111 24 hrs a day Every day of the year	<b>PAPYRUS</b> HOPELINE247 - Papyrus UK Call: 0800 068 4141 Text: 88247 24 hrs a day Every day of the year
<b>shout</b> 85258 Shout Text 85258 24 hrs a day Every day of the year	<b>Refuge</b> National Domestic Abuse Helpline 0808 2000 247 24 hrs a day Every day of the year	<b>childline</b> Childline 0800 1111 24 hrs a day Every day of the year
<b>BREATHING SPACE</b> Breathing Space 0800 83 85 87 Mon - Thu 6pm - 2am Fri 6pm - Mon 6am	<b>LOBT Health and Wellbeing</b> 0800 464 7000 Tue - Thu 12pm - 9pm Sun 1pm - 6pm (closed 29th, 26th, 1st, 2nd)	<b>Cruse Scotland</b> Bereavement Support 0808 802 6161 10 AM - 2 PM 22 Dec - 2 Jan

## FURTHER INFORMATION



Local Supports



Self help Resources





# Local Supports

**Housing options: Housing options - Falkirk Council**

**Homelessness: Homelessness - Falkirk Council**

**ALISS - A Local Information System for Scotland | ALISS**

**Home - Falkirk & Clackmannanshire Carers Centre**

**Home - CEA - Committed to Ending Abuse**

# Self Help Resources

[Contact Us | Samaritans](#)

[Home | NHS 24](#)

[Papyrus UK Suicide Prevention | Prevention of Young Suicide](#)

[Shout: The UK's free, confidential, 24/7 mental health text service | Shout 85258](#)

[Refuge, the largest UK domestic abuse organisation for women](#)

[Childline | Free counselling service for kids and young people | Childline](#)

[Breathing space | National Debtline](#)

[LGBT Health and Wellbeing](#)

[Home : Cruse Scotland](#)

[Help, information, and support for families affected by imprisonment | Families Outside](#)